

DEPARTMENT OF MAITHILI

Babasaheb Bhimrao Ambedkar Bihar University
Muzaffarpur



POST GRADUATE PROGRAMME

(Courses of Study)

FOR

M.A. MAITHILI

TWO YEAR (Four Semesters)

Under Semester System

Choice Based Credit System (CBCS)

W.E.F. Academic Session - 2018-20

Reg. number
18319

Head,
Univ. Dept. of Maithili
P.R.A.T. Muzaffarpur

DEPARTMENT OF MAITHILI

Babasaheb Bhimrao Ambedkar Bihar University
Muzaffarpur

Courses of Study

for

M.A. MAITHILI, EXAMINATION Under Semester System

Choice Based Credit System (CBCS)

W.E.F Academic Session - 2018-20

The Programme (Courses of Studies) of PG Maithili will be of two years duration divided into four academic session : M.A Sem- I, M.A Sem- II, M.A Sem- III, M.A Sem- IV, respectively. The Core Course in P.G (Maithili) programme shall consist of sixteen papers. The course structure papers are :-

- (i) Four Compulsory/Core Course Papers in First Semester
- (ii) Five Compulsory/Core Course Papers in Second Semester
- (iii) Five Compulsory/Core Course Papers in Third Semester
- (iv) Four Semester consists of :-

(A) One Specialised/elective course paper (Fifteenth Paper)

(B) A Project Work (50 marks Dissertation and 50 marks for Viva-Voce) -
(Sixteenth Paper)

The students shall be required to study the different topics as per rules and regulations given in different papers.

1. M.A (Maithili) Semester Course shall consist of four semesters. Each semester shall be 16 to 18 weeks of actual study.
2. The Examinations of master's degree in Humanities (Maithili) subject shall consist of four semesters each of six months.

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3. Each academic session shall consist of one semester I & III : from July to December and II & IV from January to June.
4. In addition to 16 core papers, there will be four papers as elective in the M.A. course. Altogether the M.A. Course shall consist of 20 papers spread over four semesters. There shall be five papers in first semester, six papers in second semester, six papers in third semester and three papers in fourth semester carrying 100 marks in each paper. The entire curriculum shall be of 2000 marks taken together. However, the class shall be awarded on the performance of the candidate on 16 papers including 14 CC and two EC papers bearing an aggregate of 1600 marks.
5. In each semester each elective paper shall carry 100 marks. The four elective paper - AEBC-1, ABC/SEC-1, AEBC-2 and one DSE or one GE will be qualifying in nature. A student shall not be considered pass and eligible for award of the final degree unless he/she obtains minimum qualifying marks in these four papers. A complete description of papers is given in table of course structure as follow:

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Course structure for M.A. PG Department of Maithili
(Choice based credit system for session 2018-20)

Semester	Course/Paper Code	Nature of course/paper	Marks	Marks in CIA	Marks of ESE	Passing criterion	Qualifying criterion
SEMESTER – I 4 Core Papers and 1 Elective Paper	Maithili CC-1	पैतृकी सल्लोका प्रथम (प्रतिभा, सारस)	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	Maithili CC-2	पद्म विद्या	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	Maithili CC-3	अमरगुण पद्म	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	Maithili CC-4	सप्त	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	AECC - 1	Environment and Sustainability & Swachha Bharat Abhiyan Activities	100	50	50	45% in CIA 45% in ESE	Qualifying
SEMESTER – II 5 Core Papers and 1 Elective Paper	Maithili CC-5	पैतृकी सल्लोका प्रथम (अग्रिम भाग)	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	Maithili CC-6	पद्म एवं पद्मक	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	Maithili CC-7	कामायनी	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	Maithili CC-8	सप्तशतक, पद्म-प्रतिभा	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	Maithili CC-9	सप्त सप्त	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	ABC/SEC - 1	Yogic Sciences	100	50	50	45% in CIA 45% in ESE	Qualifying
SEMESTER – III 5 Core Papers and 1 Elective Paper	Maithili CC-10	सप्त, कामायनी	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	Maithili CC-11	सिद्धिती एवं विद्या	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	Maithili CC-12	विद्या एवं विद्या	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	Maithili CC-13	सप्त सप्त	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	Maithili CC-14	अनुगत विद्या	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	AECC-2	Human Values and Professional Ethics & Gender Sensitization	100	50	50	45% in CIA 45% in ESE	Qualifying
SEMESTER – IV 2 Core Papers 1 Elective Paper	Maithili CC-15	(A) मा (B) में से कोई एक (A) पद्म का अर्थ सल्लोका प्रथम "पद्म" (B) सल्लोका प्रथम सप्त की छी	100	30	70	45% in CIA 45% in ESE	Marks decide class/CGPA
	Maithili CC-16	सौंदर्य एवं- सौ सौंदर्य- सौ	100	Project 50	Viva- Voce 50	45% in CIA 45% in ESE	Marks decide class/CGPA
	Generic Elective (GE)	Family Management	100	50	50	45% in CIA 45% in ESE	Qualifying

AECC-1 - Ability Enhancement Compulsory Course

ABC / SEC - Ability Enhancement Course/Skill Enhancement Course

AECC - 2 - Ability Enhancement Compulsory Course

CIA - Continuous Internal Assessment

ESE - End of Semester Examination

CC - Core Course

GE - Generic Elective Course

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6. The distribution of papers like theory, practical, field work, project, internship, dissertation etc. with number of credits is specified in the course structure of the subject concerned of the department.
7. The term 'credit' means weightage given to a course in relation with the instructional hours assigned to it. One credit will generally consist of ten hours of instruction. The M.A. Arts course shall be of one hundred credits divided as 25 credits in first semester, 30 credits in second semester, 30 credits in third semester and 15 credits in fourth semester. The number of credits for each paper of the Master's degree programme shall be specified in the course structure of the subject concerned.

Structure of the 2 Yr (Four Semesters) Post Graduate Degree Course under CBCS:

The details of credits for individual components and individual courses are given as below:

Semester	No. of Course/Papers	Credit per Course/Papers	Total credit	Maximum No. of Learning Hours*	No. of Core Course/ Paper	No. of Elective Course/Paper	Code & nature of Elective Course/ Paper
I	05	05	25	250	4	1	ABCC - 1
SEMESTER BREAK							
II	06	05	30	300	5	1	AEC - 1
SEMESTER BREAK							
III	06	05	30	300	5	1	ABCC - 2
SEMESTER BREAK							
IV	03	05	15	150	0	3	EC - 1* EC - 2* DSB - 1 Or GE - 1
Total	20		100	1000	14	6	

*For Tutorial (T) Project work (P) Field work (FW) etc. extra working hour to be added as per requirement and will be decided by the BOCS of the respective subject.

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8. Evaluation of performance Under Semester System

- (8.1) The performance of a student in each paper will be assessed on the basis of a continuous Internal Assessment (CIA) of 30 marks and the end of semester Examination (ESE) consisting of 70 marks.
- (8.2) The Components of CIA are as follows :
- | | |
|--|-------------------|
| (i) Two mid-semester written tests of one hour duration each | = 15 Marks |
| (ii) Seminar/Quiz | = 05 Marks |
| (iii) Assignment | = 05 Marks |
| (iv) Punctuality and conduct | = 05 Marks |
| Total | = 30 Marks |
- (8.3) The performance of the student in the elective papers AEC and AECC in each semester addressing the issues of :-
- Skilled Development.
 - Value, Education and Ethics.
 - Environment and Sustainability and Gender Sensitization shall be assessed on the basis of a continuous Internal Assessment (CIA) of 50 marks and the End Semester Examination (ESE) consisting of 50 marks.
- (8.4) The components of CIA in these paper shall be as follows :
- | | |
|---|-------------------|
| (i) Two mid-semester written tests of one hour duration each | = 10 Marks |
| (ii) Seminar/Quiz | = 10 Marks |
| (iii) Assignment | = 15 Marks |
| (iv) Discharge of Instructional Social Responsibility/
Community Service | = 15 Marks |
| Total | = 50 Marks |
- (8.5) The concerned teacher of the course/paper shall be responsible for conducting the mid-semester test and other components of the CIA.
- (8.6) The ESE will be written examination of 3 hours duration conducted by the University.
- (8.7) The evaluation of laboratory paper and field work, where applicable will also be based on CIA and end - semester practical examination.
- (8.8) All such examination shall be as per the provisions of examination board and moderation board of the Babasaheb Bhimrao Ambedkar Bihar University.

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- 8.9 Only those student who secures minimum qualifying marks in of 45% in the CIA shall be allowed to fill up the End Semester Examination form.
- 8.10 The marks of CIA-in each paper shall be submitted by the Department along with the End Semester Examination form. Failing which the student -may not be issued admit card for the examination.

9 Examinations :

- 9.1 The End-Semester-Examination will be conducted by the University. The Mid Semester examinations and other components of CIA shall be conducted and evaluated by the concerned departments. The practical examinations wherever applicable shall be conducted at the department. The Head of the department will appoint external examiner (s) for practical End Semester Examination with the approval of the University. The mid-semester tests will be conducted and evaluated by the teacher concerned. The answer scripts of the mid-semester tests shall be shown to students by the concerned teacher.
- 9.2 The End of Semester Examination (ESE) shall be named as follows:
- Part (I) – Semester – I Examination
And Semester – II Examination respectively.
 - Part (II) – Semester – III Examination
And Semester – IV Examination respectively
 - Syllabus for each paper shall be divided into at least 5 units. Based on this, the question paper pattern for the End Semester Examination shall be divided into three parts A, B, C comprising of objective type question with multiple choice, short answer type questions and long answer type questions respectively as mentioned below:

Part	Nature of question	Number of questions to be asked	Number of questions to be answered	Marks of each question	Total Marks
Part-A	Objective type question with multiple choice	10	10	02	20
Part-B	Short answer type questions	05	04	05	20
Part-C	Long answer type questions	04	03	10	30
Total					70

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Part - A

The objective type questions - All questions to be answered (questions shall be picked up from the whole syllabus, preferably two questions from each unit)
10x2=20 marks

Part - B

Five short answer questions - Four questions to be answered (questions shall be picked up from the whole syllabus, preferably one question from each unit)
4x5=20 marks

Part - C

Five long answer question - Three questions to be answered, (questions shall be picked up from the whole syllabus, preferably one question from each unit)
3x10=30 marks

9.3 The examination of I and III semesters shall be generally held in the month of November-December and that of II and IV semester shall be held in the month of May-June.

9.4 In formulating the entire programme of studies, each department shall be guided by the consideration that at the Postgraduate level, students should be familiar with all the sub-disciplines, trends and paradigms of the subject contributing to the knowledge pool and also the value education and employability factor. Keeping this in view the Department will decide subject based 14 core papers, 2 EC papers and other 4 elective papers.

9.5 Paper Setting: for ESE, 50% examiners will be engaged from outside the university by the parent University as per the provisions of the examination board.

9.6 In subjects where there is Practical/Project/Field Study/Internship/Dissertation etc. generally not more than 4-5 credits should be allowed for such papers in each semester. The distribution of marks for CIA and ESE for such papers shall be decided by the Board of Courses and Study (BOCS) of the respective subject (with the approval of the University) and details mentioned in the syllabus, 50 marks will be for CIA and 50 marks for ESE.

9.7 All practical papers shall be evaluated by two external examiners. The distribution of CIA marks in practical papers shall be as per the course structure.

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10. Passing of Examinations and Promotions Rules

Promotion Rules

10.1 There shall be no supplementary examination in any of the papers in any semester. (I, II, III and IV)

10.2 The candidates who have been admitted to the First semester of a two year Postgraduate Programme in a session can be placed in the following categories on the basis of their attendance in the Semester.

- (i) Those who have cleared the CIA and attended the required minimum percentage (75%) of attendance of lectures/practical classes separately.
- (ii) Those who have not attended the required minimum percentage of attendance (75%) both in Theory and Practical shall in no case be permitted to appear in the End Semester Examinations.

10.3 After appearing at the Semester Examination, the candidates can be placed in following categories in the context of declaration of the results of the End Semester Examination (ESE):

- (i) To be declared passed in End Semester Examination in any subject, a candidate must secure atleast 45% marks in each paper separately in CIA, theory and practical, wherever applicable.
- (ii) If a candidate secures 45% marks in atleast three papers in his/her First/Second/Third End Semester Examination, he/she shall be promoted to next higher semester.
- (iii) Candidates shall have to clear their backlog paper(s) in the next end semester examination of that semester whenever it is available.
- (iv) Even if a student is promoted to Fourth Semester, his/her final result will only be declared when he/she has cleared all their backlog papers.
- (v) Final result of M.A. Course shall be published on the basis of candidate's performance in the 16 papers spread over four semesters provided he/she has passed with minimum qualifying marks of 45% in the elective papers of each semester.
- (vi) The final result will be published only after he/she has cleared all the 20 papers securing minimum qualifying marks.
- (vii) Since it is a continuous evaluation programme, student shall be awarded Grade Point (GP) at the end of each semester examination and Cumulative Grade Point (CGP) at the End of Final End Semester Examinations in 10 point scoring system.

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- (viii) There shall be no supplementary examination. A student has to score minimum 45% marks in his CIA. Failing to secure minimum marks he/she shall have to repeat the CIA along with the students of the same semester of the next academic session.
- (ix) If any student fails to secure minimum 45% marks in CIA of any paper, his/her result will be declared as failed in that paper. Student shall have to reappear in that paper in the same semester of next academic session.
- (x) The name of the promoted candidate/candidates will not be included in the merit list of that subject.
- (xi) A promoted candidate, if he has passed in CIA but fails in theory paper/ papers, he/she shall retain his/her CIA score and will reappear in the theory paper only of the semester whenever available. However, if a candidate is declared fail in any End Semester Examination, shall retain nothing and will have to redo the course work of failed semester again and he has to appear again in CIA as well as theory paper.

11 Improvement of Result:

If candidate passes in End Semester Examination (ESE), he/she may apply for the improvement of his/her result in maximum of two papers of the fourth semester. He/she can avail this facility only in theory papers. Better of the two results will be treated as final result of candidates in those papers. However, the name of such candidates with improved result will not be included in the merit list.

12 Declaration of Result :

The following grading system shall be used by Teacher/Examination Department:

Letter Grade	Percentage Range	Numerical of Letter Grade	Description of Grade
O	100-91	10	Outstanding
A++	90-81	9	Excellent
A+	80-71	8	Very Good
A	70-61	7	Good
B+	60-51	6	Average
B	50-45	5	Pass
F	Less than 45	Less than 5	Fail

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Post Graduate Programme

M.A. (Maithili)

(पोस्ट ग्रेजुएट प्रोग्राम), एम०ए० (मैथिली)

SEMESTER - I

Paper	Paper Code	Subject Type	Topic	Total Marks (ESE+CLA)
Paper - CC-1	MTL 511 CR II- 5-50	मैथिली साहित्यक इतिहास (सहितसक एवं सवालसक)	<p>Unit - I</p> <ol style="list-style-type: none"> 1. सिद्ध-साहित्यक-सिद्धता-सहित, ऐतिहासिक-पृष्ठभूमि 2. सुरुत-सिद्धता 3. सवाल-सवाल 4. सिद्ध-साहित्यक-सवाल-सवालक-सवाल-सवाल 5. सिद्धता-सवाल-सवाल <p>Unit - II</p> <ol style="list-style-type: none"> 6. साहित्यिक-सवाल 7. साहित्यिक-सवाल <p>Unit - III</p> <ol style="list-style-type: none"> 8. साहित्यिक-सवाल 9. साहित्यिक-सवाल <p>Unit - IV</p> <p>सिद्धताक-सवाल-सवाल, सुरुत, सवाल, सिद्धताक-सवाल-सवाल-सवाल</p> <p>Unit - V</p> <p>साहित्यिक, सवाल, सवाल, सवाल-सवाल-सवाल-सवाल-सवाल-सवाल</p>	70 + 30 = 100

सवालक-सवाल-

1. मैथिली साहित्यक-सवाल-सवाल - सवालक-सवाल
2. सिद्धता-सवाल-सवाल-सवाल - सवाल-सवाल-सवाल
3. सिद्धता-सवाल-सवाल-सवाल - सवाल-सवाल-सवाल
4. सिद्धता-सवाल-सवाल-सवाल - सवाल-सवाल-सवाल
5. सिद्धता-सवाल-सवाल-सवाल - सवाल-सवाल-सवाल
6. मैथिली साहित्यक-सवाल-सवाल - सवाल-सवाल-सवाल
7. सिद्धता-सवाल-सवाल-सवाल - सवाल-सवाल-सवाल
8. सवाल-सवाल - सवाल-सवाल-सवाल
9. सिद्धता-सवाल-सवाल-सवाल - सवाल-सवाल-सवाल
10. सवाल-सवाल - सिद्धता-सवाल-सवाल
11. सिद्धता-सवाल-सवाल-सवाल - सवाल-सवाल-सवाल
12. सिद्धता-सवाल-सवाल-सवाल - सवाल-सवाल-सवाल
13. सिद्धता-सवाल-सवाल-सवाल - सवाल-सवाल-सवाल
14. सिद्धता-सवाल-सवाल-सवाल - सवाल-सवाल-सवाल
15. मैथिली साहित्यक-सवाल-सवाल - सवाल-सवाल-सवाल

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Post Graduate Programme

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(पोस्ट ग्रेजुएट प्रोग्राम), एम०ए० (मैथिली)

SEMESTER - I

Paper	Paper Code	Subject Type	Topic	Total Marks (ESE+CIA)
Paper - CC-2	MTL 512 CR Hr 5-50	भाषा-विज्ञान	Unit - I भाषा विज्ञानक परिचय, भाषा विज्ञानक अन्य शाखा से सम्बन्ध	70 + 30 = 100
			Unit - II सामान्य कवयित्री, सामान्य कविताएँ, सामान्य कविताएँ/कविताएँ, अर्थ परिवर्तन की समस्याएँ	
			Unit - III साहित्य-विज्ञान, भाषा से संबंधित, साहित्यिक भाषा-विज्ञान	
			Unit - IV मैथिलीक कव्येन ओ विज्ञान, मैथिली कव्येन विज्ञान-सम	
			Unit - V मैथिलीक सामान्य-संस्कृत, अस्मिता, अस्मिता तथा मैथिलीक संज्ञा	

सहायक संकेत-

1. साहित्यिक अर्थ मैथिली साहित्य- को-सुझाव छ
2. सामान्य भाषा साहित्य- मैथिली अस्मिता, अस्मिता
3. मैथिलीक कव्येन ओ विज्ञान- को-सुझाव छ
4. मैथिली भाषा-विज्ञान- को-सुझाव छ
5. सामान्य मैथिली साहित्य- को-सुझाव छ
6. मैथिली भाषा-विज्ञान- को-सुझाव छ
7. भाषा विज्ञान- को-सुझाव छ
8. साहित्य-विज्ञान- को-सुझाव छ
9. भाषा-विज्ञान- को-सुझाव छ
10. मैथिली भाषा विज्ञान- को-सुझाव छ
11. मैथिली भाषा-विज्ञान- को-सुझाव छ
12. भाषा विज्ञान-को-मैथिली साहित्य-विज्ञान- को-सुझाव छ
13. मैथिली भाषा-विज्ञान- को-सुझाव छ
14. मैथिली साहित्य : मैथिली भाषाक प्रवृत्ति ओ प्रसार- (60) को-सुझाव छ

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Post Graduate Programme

M.A. (Maithili)

(पोस्ट ग्रेजुएट प्रोग्राम), एम.ए. (मैथिली)

SEMESTER - I

Paper	Paper Code	Subject Type	Topic	Total Marks (ESE+CLA)
Paper - CC-3	MTL 513 CR. Hr 5-50	आवृत्त मध्य	<p>Unit - I 1. 'सूर्य' कालिकावती विद्या, 'सूर्य' कालिका विद्या का जन्म विद्यालय, 'सूर्य' कालिका का 'सूर्य' कालिका</p> <p>Unit - II 'सूर्य' कालिकावती विद्या, 'सूर्य' कालिका का जन्म का 'सूर्य' कालिकावती विद्या-विद्यालय 'सूर्य' कालिका</p> <p>Unit - III 'सूर्य' कालिकावती विद्या-विद्यालय 2. 'सूर्य' कालिकावती विद्या</p> <p>Unit - IV 'सूर्य' कालिकावती विद्यालय का 'सूर्य' कालिकावती विद्या-विद्यालय का जन्म का 'सूर्य' कालिकावती विद्यालय 'सूर्य' कालिका</p> <p>Unit - V 'सूर्य' कालिकावती विद्या का जन्म का 'सूर्य' कालिकावती विद्या-विद्यालय का 'सूर्य' कालिकावती विद्या-विद्यालय का जन्म का 'सूर्य' कालिकावती विद्या-विद्यालय</p>	70 + 30 = 100

Public in-

1. 'सूर्य' कालिकावती विद्या-विद्यालय
2. 'सूर्य' कालिकावती विद्या

Raj Manoj

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SEMESTER - I

AECC - I

A-Environmental Sustainability (3 Credits)

T- Swachha Bharat Abhiyan Activities (2 Credits)

Each credit requires 10 hours of teaching-learning for theory and 20 hours for practical assignment and field work.

A-Unit - 1 Environmental Ethics & Ecosystem : Concept of sustainable development with reference to human values in western and Indian Perspective, sustainable development & conservation of natural resources (Nature, factors, structure, development and peoples participation) development, environment- rural and urban, concept of Ecosystem.

A-Unit - 2 Development and its effect on environment : Environment Pollution - water, air, noise etc. due to Urbanization, Industrial civilization, Concept of Global Warming, Climate Change, Green House Effect, Acid rain, Ozone layer depletion. Menace of encroachment of exotic plants particularly parthenium and trees with special reference to impact on habit & habitat on indigenous flora & fauna.

A-Unit - 3 Concept of Bio-diversity and its Conservation: Environmental Degradation and conservation. Govt. Policies, social effects and role of social reforms in the direction. Role of Science in conservation of environment, concept of Three 'R' (reduce, Reuse, recycle). Need of environmental education and awareness programme and ecological economics.

B-Unit - 4 Swachha Bharat Abhiyan: The concept of Swachhata as personal, Gandhian approach toward social and environmental moral values & concept of swachhata and its relation to moral upgradation of society and freedom struggle. Awareness Programme related to Swachhata. Role of 'Swachhagrahis' in Swachha Bharat Abhiyan.

Sanitation and hygiene, why sanitation is needed, sanitation and human right, plantation, value of nature, concept of community participation and role of state agencies. Case study of Sanitation, effects of cleanliness, diseases - infectious and vector - born. Idea of spread of diseases through body and other biological fluids and excreta.

B-Unit - 5 Assignment/Practical/field work based on unit-4

or

Alternative to unit - 4 and unit - 5 a student can also enroll for Swachha Bharat Internship Programme of MHRD.

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Post Graduate Programme

M.A. (Maithili)

(पोस्ट ग्रेजुएट प्रोग्राम), एम०ए० (मैथिली)

SEMESTER - II

Paper No.	Paper Code	Subject Type	Topic	Total Marks (ESE+CIA)
Paper - CC - 5	MTL 521	मैथिली साहित्यिक इतिहास (सांग्रहिक रूप)	<p>Unit - I सांग्रहिक कालक काल, कालक काल का सांग्रहिक कालक काल, काल का का सांग्रहिक कालक, काल का का सांग्रहिक कालक</p> <p>Unit - II सांग्रहिक कालक कालक काल, कालक-काल, कालक-कालक, कालक-कालक, कालक-कालक</p> <p>Unit - III कालक, कालक, कालक-कालक, कालक-कालक</p> <p>Unit - IV काल, कालक, कालक, कालक कालक काल काल कालक कालक कालक</p> <p>Unit - V कालक-कालक का कालक-कालक कालक कालक कालक, कालक-कालक कालक कालक कालक कालक कालक कालक</p>	70 + 30 = 100

संदर्भ ग्रंथ-

1. मैथिली साहित्यिक इतिहास- डॉ. अमरनाथ झा
2. मैथिली साहित्यिक इतिहास- डॉ. कालक-कालक का कालक
3. कालक- डॉ. कालक कालक
4. सांग्रहिक मैथिली साहित्यिक इतिहास- डॉ. अमरनाथ झा
5. कालक-कालक का मैथिली साहित्यिक- डॉ. कालक का
6. कालक-कालक- डॉ. कालक का
7. कालक-कालक- डॉ. कालक का
8. कालक-कालक- डॉ. कालक का
9. कालक-कालक- डॉ. कालक का
10. कालक-कालक- डॉ. कालक का
11. कालक-कालक- डॉ. कालक का
12. History of modern Maithili Literature - Dr. Devkant Jha
13. कालक-कालक- डॉ. कालक का

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Post Graduate Programme

M.A. (Maithili)

(पोस्ट ग्रेजुएट प्रोग्राम), एम०ए० (मैथिली)

SEMESTER - II

Paper	Paper Code	Subject Type	Topic	Total Marks (ESE+CLA)
Paper - OC - 6	MTL 322 CR. Hr 5-50	एक वर्ष का पाठ्य	<p>Unit - I</p> <p>1. 'परिभाषाकारक' काव्यी, वैयक्तिक रूप में 'एक' काव्य की, काव्यशास्त्रीय रूप, उसके परिभाषा, व्यक्तित्वगत काव्य, परिभाषाकारक के अर्थशास्त्र, काव्यगत आ साहित्यिक परम्परा के अन्तर्गत।</p> <p>Unit - II</p> <p>2. 'सदृश काव्य' काव्यिक विवेक की वैयक्तिक काव्य के अन्तर्गत एक काव्यगत रूप, काव्यगत, काव्यशास्त्र आ साहित्यिक परम्परा में 'सदृश काव्य' काव्य के अर्थशास्त्र काव्य ?</p> <p>Unit - III</p> <p>3. 'परिभाषाकारक' काव्यगत काव्यगत, परिभाषाकारक विवेक काव्य, एक विवेक, वैयक्तिक, वैयक्तिक काव्य काव्य काव्य ?', एके काव्यगत काव्य के काव्यशास्त्र काव्य काव्यगत काव्यगत-</p> <p>Unit - IV</p> <p>4. 'एक' काव्यगत विवेक काव्यगत काव्यगत, काव्यगत काव्य आ काव्यगत-</p> <p>Unit - V</p> <p>5. काव्यगत काव्य विवेक काव्यगत काव्यगत</p>	70 + 30 = 100

प्रश्न का-

1. परिभाषाकारक- व्यक्तित्वगत
2. 'सदृश काव्य' काव्य- वैयक्तिक काव्य
3. परिभाषाकारक- काव्यगत
4. काव्यगत काव्य- वैयक्तिक काव्यगत, काव्य (काव्यगत- काव्यगत काव्यगत काव्य)

उत्तर का-

1. काव्यगत काव्य विवेक- वैयक्तिक काव्य विवेक
2. काव्यगत काव्य काव्यगत- काव्यगत काव्यगत
3. वैयक्तिक काव्यगत काव्यगत काव्यगत- वैयक्तिक काव्यगत विवेक
4. काव्यगत काव्य- वैयक्तिक काव्य विवेक

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 Anurag 15/11/19
 Raj manoj 15/11/19
 Hebb 15/11/19

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 Pratik 18/3/19

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Post Graduate Programme

M.A. (Maithili)

(पोस्ट ग्रेजुएट प्रोग्राम), एमए (मैथिली)

२०

SEMESTER - II

Paper	Paper Code	Subject Type	Topic	Total Marks (ESE+CIA)
Paper - CC-9	536 MTL 537 CR 19 5-30	प्रथम श्रेणी	<p>Unit - I</p> <p>१. मुजफ्फर कलासु, मुजफ्फर शिरोम, मुजफ्फर कलासी पर 'मुजफ्फर-मुजफ्फर' मुजफ्फर मुजफ्फर मुजफ्फर का साहित्यिक चर्चा।</p> <p>Unit - II</p> <p>२. 'मुजफ्फर-मुजफ्फर' मुजफ्फर कलासु, मुजफ्फर शिरोम पर 'मुजफ्फर-मुजफ्फर' मुजफ्फर मुजफ्फर मुजफ्फर का साहित्यिक चर्चा।</p> <p>Unit - III</p> <p>३. 'मुजफ्फर-मुजफ्फर' मुजफ्फर कलासु, मुजफ्फर शिरोम पर 'मुजफ्फर-मुजफ्फर' मुजफ्फर मुजफ्फर मुजफ्फर का साहित्यिक चर्चा।</p> <p>Unit - IV</p> <p>४. 'मुजफ्फर-मुजफ्फर' मुजफ्फर कलासु, मुजफ्फर शिरोम पर 'मुजफ्फर-मुजफ्फर' मुजफ्फर मुजफ्फर मुजफ्फर का साहित्यिक चर्चा।</p> <p>Unit - V</p> <p>५. 'मुजफ्फर-मुजफ्फर' मुजफ्फर कलासु, मुजफ्फर शिरोम पर 'मुजफ्फर-मुजफ्फर' मुजफ्फर मुजफ्फर मुजफ्फर का साहित्यिक चर्चा।</p>	70 + 30 = 100

निर्देश :-

१. मुजफ्फर कलासु
२. 'मुजफ्फर-मुजफ्फर' (एक से चार वर्ग सही)- चर्चा का
३. मुजफ्फर-मुजफ्फर का साहित्यिक चर्चा
४. 'मुजफ्फर-मुजफ्फर' का साहित्यिक चर्चा
५. मुजफ्फर-मुजफ्फर का साहित्यिक चर्चा

सहायक सूत्र :-

१. मैथिली साहित्यिक चर्चा- डॉ० रीमा देव
२. मैथिली साहित्यिक चर्चा- डॉ० लाला देव
३. मैथिली साहित्यिक चर्चा- डॉ० विद्यादेव

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SEMESTER – II
Skill Enhancement Course (SEC)
Ability Enhancement Course (AEC)
Yogic Sciences

UNIT – 1*

BASIC CONCEPT OF YOGA

1. Introduction to Yoga : Definitions of Yoga, Thinkers on yoga and their views – Patanjali, Gherand and; Gorakshi; Karma Yoga, Bhakti Yoga and Gyana Yoga : Concept and Characteristics.
2. Raja Yoga : Eight steps of Yoga; Description and significance of Yamas and Niyamas.
3. Asanas and Pranayama : Methods, advantages and Limitations; Concept of Prana and Nadis; The subtle body, Chakras.
4. Pratyahara and Dharana : Significance and techniques; Pratyahara and Dharaana – Yoga Nidra, Antar Monara, Ajapa Jap :
5. Hath Yoga : Shaktarman- their methods, benefits and limitations
6. Body and Mind : Body-mind relation; the conscious, subconscious and unconscious; Psychosomatic disorders.

UNIT – 2

APPLICATIONS OF YOGA

8. Yogic Lifestyle and Health : Medical concept and definition of health, Causes of disease according to medical science and yoga; Basic instincts and their management through yoga.
9. Diet and Nutrition : Medical and Yogic concept of diet; the three Gunas in relation to diet.
10. Effect of Yoga on body systems : The Bones and Joints, Cardiovascular, Respiratory, Digestive, Nervous, Endocrinal and Excretory system. Preventive, Promotive and curative effects of yoga.
11. Stress management : Concept and types of stress, Effects of stress on body and mind, Yogic management techniques.
12. Social Health management : Causes and effects of crime and substance abuse on society, Role of yoga as supporting and transforming agent.

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UNIT - 3 (Practical)

- (i) Pawanmuktasana - Part-I and II
- (ii) Reclination asanas - Shavasana, Adwasana, Makarasana, Matsyendrasana.
- (iii) Meditative Asanas - Padmasana, Siddhasana, Siddhayantrasana, Sukhasana.
- (iv) Standing Asanas - Tadasana, Tiryaktadasana, Katichakrasana, Dwikonkana, Trikonasana.
- (v) Vajrasana series - Vajrasana, Suptavajrasana, Singhasana, Shobherikasana, Ustrasana,
 - Vyaghrasana.
- (vi) Forward Bending Asanas - Paschottanasana, Janushirasana.
- (vii) Backward bending Asanas - Bhujangasana, Tiryakbhojirasana, Shalabhasana, Dhanurasana, Chakrasana, Gomukhasana, Karthikasana.

UNIT - 4 (Practical)

- (i) Gayatriak Asanas - Suryanamaskar, Shonkhpakshalana Asanas.
- (ii) Inverted Asanas - Bhujipadmastasana, Sarvangasana, Halasana.
- (iii) Pranayama - Proprietary Practices, Yoga breathing, Nadishodhan upto stage III, Kapalabhati, Bhastrika, Bhramari
- (iv) Mudras and Kriyas - Gyan, Chin, Shambhavi, Nasikagra, Ashwini, Khichari, Agnisar
- (v) Bandhas - Jalandhar, Moola, Uddiyana, Mahabandha
- (vi) Shatkarmas - Karmal, Jalneti, Laghobandhaprakshalana, Trataka.
- (vii) Pratyahara - Yoganidra, Antarmasna, Aajapa.

UNIT - 5

Assignment/Vocational Training

(* 1 unit = 1 credit)

Unit 1+2 = 2x10 = 20 hrs.

Units 3+4 (Practicals) = 2x20 = 40 hrs.

Unit 5 (Vocational Training) = 10x2 = 20 hrs.

Total Programme = 20+40+20 = 80 hrs.

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Post Graduate Programme

M.A. (Maithili)

(पंचम श्रेण्यक प्रश्नपत्र), एमए (मैथिली)

SEMESTER - III

Paper	Paper Code	Subject Type	Topic	Total Marks (ESE+CLA)
Paper - CC - 10	529 MTL-692	उच्च को श्रेण्यक	<p>Unit - I</p> <p>1. दू-पद उपसर्गक अकारक, दू-आ पदक सभके उपसर्ग-लेखन, दू संस्कृतिक शक्ति, उपसर्गक सारक-परिभाषा परिक-विचार, आसुपुत्री उपसर्गसभक सभे दू-पदक सभके-</p> <p>Unit - II</p> <p>2. पूर्वसुत्रक विचारसुत्र पूर्वसुत्रक विचार, अंत-परिकक आसुपुत्री या पूर्वसुत्रक सुभाषण-</p> <p>Unit - III</p> <p>3. संसुत्रक विचारसुत्र आ एते संसुत्र सभके सभके उपसर्ग-परिभाषा विचारण</p> <p>Unit - IV</p> <p>4. परिक-विचारक विचारण अकारक सुभाषण, परिक-विचारक अकारक या अकारक सुभाषणक सारक सुभाषण</p> <p>Unit - V</p> <p>5. संसुत्र अकारक अकारक या संसुत्रक उपसर्गक संसुत्र, संसुत्र अकारक विचारण अकारक सभके। (अकारक- संसुत्र सभके, संसुत्र अकारक, संसुत्रक संसुत्र, संसुत्रक संसुत्र, संसुत्रक संसुत्र, संसुत्रक संसुत्र)</p>	70 + 30 = 100

विशेष ध्यान:-

1. दू-पद उपसर्ग सभके अकारक
2. पूर्वसुत्रक विचारण
3. संसुत्रक संसुत्रक अकारक
4. परिक-विचारक सुभाषण अकारक सभके
5. संसुत्रक संसुत्रक अकारक संसुत्रक अकारक

1. संसुत्रक संसुत्रक अकारक
2. संसुत्रक अकारक संसुत्रक अकारक
3. संसुत्रक अकारक संसुत्रक अकारक

माथिक संसुत्र - नीलम ठाकुर, मिथिला विश्वविद्यालय, लोधीबाग, मुंबई

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Post Graduate Programme

M.A. (Maithili)

(पोस्ट ग्रेजुएट प्रोग्राम), एम०ए० (मैथिली)

SEMESTER - III

Paper	Paper Code	Subject Type	Topic	Total Marks (ESE+CLA)
Paper - CC - 11	731 MTL-667	विद्यार्थी एवं विद्यार्थी	<p>Unit - I विद्यार्थी जीवन, विद्यार्थी जीवन, विद्यार्थी जीवन-जीवन सुखान्त</p> <p>Unit - II विद्यार्थी जीवन एवं सुखान्त की, विद्यार्थी जीवन, मन, विद्या</p> <p>Unit - III विद्यार्थी जीवन, विद्यार्थी जीवन-जीवन पर ध्यान, विद्यार्थी जीवन-जीवन, विद्यार्थी जीवन की, विद्यार्थी जीवन-जीवन</p> <p>Unit - IV विद्यार्थी जीवन, विद्यार्थी जीवन-जीवन, विद्यार्थी जीवन-जीवन की विद्या</p> <p>Unit - V विद्यार्थी जीवन-जीवन, विद्यार्थी जीवन-जीवन, विद्यार्थी जीवन-जीवन, विद्यार्थी जीवन-जीवन, विद्यार्थी जीवन-जीवन, विद्यार्थी जीवन-जीवन, विद्यार्थी जीवन-जीवन, विद्यार्थी जीवन-जीवन</p>	70 + 30 = 100

संकेत सूची-

1. विद्यार्थी- जी० जीवन-जीवन का
2. विद्यार्थी जीवन-जीवन पर ध्यान-जीवन-जीवन का
3. विद्यार्थी जीवन-जीवन-जीवन का
4. विद्यार्थी जीवन-जीवन-जीवन का
5. जीवन-जीवन-जीवन का
6. जीवन-जीवन-जीवन का
7. विद्यार्थी जीवन-जीवन-जीवन का
8. विद्यार्थी जीवन-जीवन-जीवन का
9. विद्यार्थी जीवन-जीवन-जीवन का
10. विद्यार्थी जीवन-जीवन-जीवन का

Signature
15/4/19

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Post Graduate Programme

M.A. (Maithili)

(संस्कृत संस्कृत विभाग), बनारस (संस्कृत)

SEMESTER - III

Paper	Paper Code	Subject Type	Topic	Total Marks (ESE+CIA)
Paper - I OC - 12	593 MITL 354	संस्कृत का साहित्य	Unit - I 1. मुद्रा-संसार का साहित्यिक चित्रण	70 + 30 = 100
	CR Hr 5-50		Unit - II मुद्रा-संसार का साहित्यिक चित्रण, का साहित्य का साहित्यिक चित्रण का	
			Unit - III मुद्रा-संसार का साहित्यिक चित्रण का साहित्यिक चित्रण	
			Unit - IV 2. मुद्रा-संसार का साहित्यिक चित्रण साहित्यिक चित्रण का साहित्यिक चित्रण	
			Unit - V मुद्रा-संसार का साहित्यिक चित्रण	

प्रश्न हैं-

1. मुद्रा-संसार का साहित्यिक चित्रण
2. मुद्रा-संसार का साहित्यिक चित्रण

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Univ. Dept. of Maithili
B.R.A. Bihar University, Muzaffarpur

18/3/19
18/3/19

Post Graduate Programme
M.A. (Maithili)
 (पोस्ट ग्रेजुएट प्रोग्राम), एम०ए० (मैथिली)
SEMESTER - III

Paper No.	Paper Code	Subject Type	Topic	Total Marks (ESE+CIA)
Paper -> CC - 13	4334 MTL-544	संक्षेप साहित्य	<p align="center">Group - B</p> <p align="center">Unit - I</p> संक्षेप साहित्यक परिचय, प्राचीन, मध्यम, आधुनिक	70 + 30 = 100
	CR 16 5-30		<p align="center">Unit - II</p> साहित्यक विकास	
			<p align="center">Unit - III</p> संक्षेप कथा, संक्षेप कथा, संक्षेप नाटक, छन्द-छन्द, कविता, पद्य	
			<p align="center">Unit - IV</p> टीकाकरी, संक्षेप, संक्षेपक, सुलोककाल, संक्षेपकरी, रस काल	
			<p align="center">Unit - V</p> साहित्यक विकास- संक्षेपक कालकाल, संक्षेपक कालकाल, संक्षेपक कालकाल, संक्षेपक कालकाल	

संक्षेप संक्षेप-

1. संक्षेपक संक्षेपक संक्षेपक - संक्षेपक संक्षेप
2. संक्षेपक संक्षेपक - संक्षेपक संक्षेपक - संक्षेपक संक्षेप
3. संक्षेपक संक्षेपक - संक्षेपक संक्षेपक संक्षेपक संक्षेपक संक्षेप
4. संक्षेपक संक्षेपक - संक्षेपक संक्षेपक संक्षेप
5. संक्षेपक संक्षेपक संक्षेपक - संक्षेपक संक्षेपक संक्षेप
6. संक्षेपक संक्षेपक संक्षेपक - संक्षेपक संक्षेपक संक्षेप
7. संक्षेपक संक्षेपक - संक्षेपक संक्षेपक संक्षेपक संक्षेपक संक्षेप
8. संक्षेपक संक्षेपक - संक्षेपक संक्षेपक संक्षेपक संक्षेपक संक्षेप
9. संक्षेपक संक्षेपक - संक्षेपक संक्षेपक संक्षेपक संक्षेपक संक्षेप
10. संक्षेपक संक्षेपक - संक्षेपक संक्षेपक संक्षेपक संक्षेपक संक्षेप
11. संक्षेपक संक्षेपक - संक्षेपक संक्षेपक संक्षेपक संक्षेपक संक्षेप
12. संक्षेपक संक्षेपक - संक्षेपक संक्षेपक संक्षेपक संक्षेपक संक्षेप
13. संक्षेपक संक्षेपक - संक्षेपक संक्षेपक संक्षेपक संक्षेपक संक्षेप

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Post Graduate Programme

'M.A. (Maithili)

(मांस्ट्रैट प्रोग्राम), एम०ए० (मैथिली)

SEMESTER - III

Paper	Paper Code	Subject Type	Topic	Total Marks (ESE+CIA)
Paper - CC - 14	५३६ MTL-545	अनुसंधान विभाग	<p>Group - B Unit - I अनुसंधान विभाग और, संविधान, खसरा</p> <p>Unit - II मैथिलीमें अनुसंधान, साहित्यिक विभाग</p> <p>Unit - III अनुसंधान मैथिली में, सभ्यता, कला, भवन एवं कलाकौ</p> <p>Unit - IV अनुसंधान मैथिली पर-संविधान- अर्थ, सामाजिक, मुक्तता, समाज</p> <p>Unit - V अनुसंधान विभाग, अनुसंधान कक्षा, अनुसंधान विभागिक कक्षाएं एवं संरचनाएं</p>	70 + 30 = 100

सहायक संघ-

1. अनुसंधान विभाग : श्री सोमदेव झा
2. साहित्यिक अनुसंधान की कक्षाएं : श्री सोमदेव झा
3. अनुसंधान विभाग की कक्षाएं- कक्षा सुभाष सोमदेव
4. अनुसंधान विभाग एवं सभ्यता- श्री सत्यजी झा
5. अनुसंधान विभाग एवं संविधान- श्री श्री प्रताप कुमार
6. अनुसंधान की कक्षाएं- श्री सोमदेव झा
7. अनुसंधान की कक्षाएं, सभ्यता और सभ्यता- श्री श्री प्रताप कुमार
8. विभिन्न पर-संविधान
9. मैथिली साहित्यिक विभाग : श्री सत्यजी झा
10. सभ्यता में : श्री सोमदेव झा

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SEMESTER - III

ABCC - 2

Human Values and Professional Ethics (3 Credits)

Gender Sensitization (2 Credits)

(One credit requires ten hours of theory and twenty hours of practical/assignment/field work)

Unit - 1 - Variety of Moral Issues, Principles of Ethics and Morality-

Understanding the Harmony in the society (Society being an extension of family) integrity. Work Ethic. Courage. Empathy, Self Confidence, Professional Ideas and Virtues. Ethics as a Subset of Morality. Ethics and Organizations. Ethics and Rights of employees and employers.

Unit - 2 Holistic Approach to Corporate Ethics-

Vedic Ethics Tagore, Vivekanand, Gandhi and Aurobindo on Ethics, Ethics in Finance, Business and Environment, Professional Rights, Intellectual Property Rights. Corporate Responsibility, Social Audit and Ethical Investing, Computer and Ethics.

Unit - 3 Professional Ethics-

Augmenting Universal Human Order, Characteristics of people-friendly and eco-friendly production, Strategy for Transition from the present State to Universal Human Order. At the Level of Individual- as Socially and Ecologically Responsible Technologists and Managers. At the Level of Society- as Mutually Enriching Institutions and Organizations. Case studies of typical holistic technologies and management patterns.

Unit - 4 Gender - An Overview:-

Gender: Definition, nature and evolution, culture, tradition, historicity: Gender spectrum: biological, sociological, psychological conditioning: Gender based division of labour domestic work and use value.

Unit - 5 Gender - Contemporary Perspectives

Gender justice and human rights: International perspectives. Gender : Constitutional and legal perspectives. Media & gender. Gender: emerging issues and challenges.

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Post Graduate Programme

M.A. (Maithili)

(पोस्ट ग्रेजुएट प्रोग्राम) एम० ए० (मैथिली)

SEMESTER - IV

Paper	Paper Code	Subject Type	Topic	Total Marks (CSE+CIA)
Paper - CC - 15	MLT 541 CR Hr 5-50	Elective Paper Group - A बन्दा डा	Group - A/ Unit - I परिचय, परिचय। Unit - II कृषि। Unit - III मिथिला भाषा सभ्यताक ऐतिहासिक Unit - IV बन्द परावर्ती Unit - V बन्दा डाक संरक्षित	70 + 30 = 100

सहायक सूच -

1. मिथिला भाषा सभ्यता - बन्दा डा
2. बन्द परावर्ती - बन्दा डा
3. बन्द सभ्यता - बन्दा डा
4. बन्दा डा ओ हुनक मिथिला भाषा सभ्यता - डॉ० अमरनाथ डा
5. बन्दा डा ओ हुनक मिथिला भाषा सभ्यताक अवलोकन - डॉ० राजन कुमार मिश्र

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18/3/19

Post Graduate Programme

M.A. (Maithili)

(पोस्ट ग्रेजुएट प्रोग्राम), एम०ए० (मैथिली)

SEMESTER - IV

Paper	Paper Code	Subject Type	Topic	Total Marks (ESE+CIA)
Paper - , CC - 15	पृ०१ MTL-442-	Elective Paper अन्य	Group - A Unit - I संस्कृत	70 + 30 = 100
	CR No: 5-50	Group-A संस्कृत five paper	Unit - II अन्य	
			Unit - III अन्य	
			Unit - IV अन्य	
			Unit - V अन्य	

सामग्य संकेत-

1. १०. कालिकावत विष्णु - श्री कालिकावत विष्णु अथ
2. कालिकावत आ इन्द्रादी - श्री कालिकावत अथ
3. कालिकावत श्रीविष्णु - श्री कालिकावत अथ
4. कालिकावत श्रीविष्णु - श्री कालिकावत अथ
5. श्री कालिकावत अथ - श्री कालिकावत अथ

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Post Graduate Programme
M.A. (Maithili)
 (पोस्ट ग्रेजुएट प्रोग्राम), एम.ए. (मैथिली)
SEMESTER - IV

Paper	Paper Code	Subject Type	Topic	Total Marks (ESE+CLA)
Paper - CC-13	संक्षेप, MTL-444	Elective Paper	Group - A Unit - I इतिहास का परिचय, सभ्यता, कृषि	70 + 30 = 100
	CR. 12 5-50	Group-B इतिहास का	Unit - II इतिहास का काल Unit - III इतिहास का संस्कृत Unit - IV इतिहास का वैदिक Unit - V इतिहास का अन्तर्गत	

सहायक विषय-

1. इतिहास का- कथावस्तु
2. इतिहास का- द्विवचन
3. इतिहास का- प्रथम कथा
4. इतिहास का- संस्कृत
5. इतिहास का- वैदिक
6. इतिहास का- संस्कृत कथा का काल
7. इतिहास का- संस्कृत

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15/11/19

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Prakash
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Post Graduate Programme

M.A. (Maithili)

(घोरे वैजुष्ट प्रोग्राम), एम०ए० (मैथिली)

SEMESTER – IV

Paper	Paper Code	Subject Type	Topic	Total Marks (ESE+CIA)
Paper – CC – 13	MTL 541	Elective Paper अन्य	Unit – I एक	70 + 20 = 100
	CH. No. 5-50	Group-B एक से	Unit – II दो	
			Unit – III एक से दो तक	
			Unit – IV दो – अठारह तक अधिक	
			Unit – V दो – अठारह तक अधिक	

सहायक सं-

1. एक से दो तक
2. एक से अठारह तक
3. एक से दो तक
4. एक से दो तक
5. एक से अठारह तक

Suresh
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Post Graduate Programme

M.A. (Maithili)

(पोस्ट ग्रेजुएट प्रोग्राम), एम०ए० (मैथिली)

SEMESTER - IV

Paper No.	Paper Code	Subject Type	Topic	Total Marks (ESE+CLA)
Paper - CC - 16	743 MTL-444	संशोधन कार्य	एक ही पत्र में निम्नलिखित विषयों पर विचार-लेख लिखित करके प्रस्तुत करें। 50 अंकों में निर्धारित एवं 50 अंकों में शैक्षणिक विषयों पर विचार-लेख लिखित द्वारा करना आवश्यक। निम्नलिखित विषयों पर विचार-लेख लिखें।	50 + 50 = 100 also features Dissertation + Viva-voce 50+50 = 100

Singh
15/11/19

Rajendra
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Head,

Univ. Dept. of Maithili
B.R.A. Bihar University, Muzaffarpur

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SEMESTER - IV

Generic Elective (GE) Course

Credit - 5

Family Management

(One credit requires ten hours of theory and twenty hours of practical/assignment/field work)

Unit 1 : Concept of typical Indian family:

Indian society and Indian family, importance of relationship within family, similarities and dissimilarities in between Indian and western family, define role of family members.

Unit 2 : Food production and cleanliness:

Cooking - art or science, Personal grooming, Hygiene & uniform, Do's and don'ts while working in the kitchen, Domestic Food Production, nutrition- Balanced Diet and its function. Effect of heat on fat, Carbohydrates, Proteins, Vitamins and minerals, Cholesterol and trans fats and related diseases, Disease producing microbes.

Unit 3 : House Keeping:

Equipment handling, Care & cleaning & identification of cleaning equipments: Care, Cleaning & polishing of surfaces metal, glass, floor, carpets: Paints, Daily cleaning of rooms and bath rooms.

Unit 4 : Safety & health care:

Psychology child care and care of the elderly, Basic human anatomy and physiology (skeleton, respiratory, circulatory, excretory, nervous & reproductive systems), First aid care in different accidents (haemorrhage, asphyxia, shock & unconsciousness, cardiac arrest, burns, insect bite, snake bit, poisoning, injury etc.), Nursing, first aid box, importance of group practice of yoga and exercise.

Unit 5 : Importance of communication and care in family:

Leadership in family, communication gap between generations, significance of soft-skill, Indian laws related to family problems, Understanding and misunderstanding within the family members and among close relatives, in-laws etc. Necessity of small investments for family members.

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SEMESTER - IV

Generic Elective (GE) Course

Credit - 5

Family Management

(One credit requires ten hours of theory and twenty hours of practical/assignment/field work)

Unit 1 : Concept of typical Indian family:

Indian society and Indian family, importance of relationship within family, similarities and dissimilarities in between Indian and western family, definite role of family members.

Unit 2 : Food production and cleanliness:

Cooking - art or science. Personal grooming. Hygiene & uniform. Do's and don'ts while working in the kitchen. Domestic Food Production, nutrition- Balanced Diet and its function. Effect of heat on fat. Carbohydrates. Proteins. Vitamins and minerals. Cholesterol and trans fats and related diseases. Disease producing microbes.

Unit 3 : House Keeping:

Equipment handling. Care & cleaning & identification of cleaning equipments: Care. Cleaning & polishing of surfaces metal, glass, floor, carpets: Paints. Daily cleaning of rooms and bath rooms.

Unit 4 : Safety & health care:

Psychology child care and care of the elderly. Basic human anatomy and physiology (skeleton, respiratory, circulatory, excretory, nervous & reproductive systems). First aid care in different accidents (hemorrhage, asphyxia, shock & unconsciousness, cardiac arrest, burns, insect bite, snake bit, poisoning, injury etc.). Nursing, first aid box, importance of group practice of yoga and exercise.

Unit 5 : Importance of communication and care in family:

Leadership in family, communication gap between generations, significance of soft-skill, Indian laws related to family problems. Understanding and misunderstanding within the family members and among close relatives, in-laws etc. Necessity of small investments for family members.

Handwritten signatures and dates: Anshu 15/11/19, Rajanika 15/11/19, Pratik 18/11/19, Anandhar Sh 18/11/19