

BABASAHEB BHIMRAO AMBEDKAR

BIHAR UNIVERSITY

MUZAFFARPUR



COURSES OF STUDY

FOR

M.A. 4TH SEMESTER EXAMINATION

PSYCHOLOGY

FROM :

2019-20
30.03.19

16/03/2019
28.03.19

20.03.2019

Date: 30/03/19

Head
Dept. of Psychology

M. A.(Psychology) Syllabus under CBCS for the Universities of Bihar

Semester	Course Code	Name of Paper	Marks	Marks of CIA	Marks of ESE	Passing Criteria	Qualifying Criterion
4TH	EC-1	CLINICAL PSYCHOLOGY/ ORGANISATIONAL BEHAVIOUR/ POSITIVE PSYCHOLOGY/ PSYCHOMETRICS/ COMPUTER APPLICATION IN PSYCHOLOGY- PAPER-1	100	30	70	45% MARKS IN CIA 45% MARKS IN ESE	MARKS DECIDE CLASS/CGPA
	EC-2	-DO- PAPER-2	100	30	70	45% MARKS IN CIA 45% MARKS IN ESE	MARKS DECIDE CLASS/CGPA
	DSE-1		100	30	70	45% MARKS IN CIA 45% MARKS IN ESE	QUALIFY
	OR GE-1		100	30	70	45% MARKS IN CIA 45% MARKS IN ESE	QUALIFY

Semester-IV

SPECIAL PAPER- ELECTIVE PAPERS- 1 & 2

A. M.A. SPECIALISATION IN ORGANISATIONAL BEHAVIOUR

PAPER-I-ORGANISATIONAL BEHAVIOUR IN INDIAN PERSPECTIVE

Course Contents

UNIT-I

Traditional and Modern Approach, Indian cultural context: History of OB in India, The Indian mind-set, Appreciating enabling and disabling contexts, Context sensitivity of Indians.

Unit-II

Self, culture and personality: Understanding Indian view of self, Individual differences and their impact on managerial and interpersonal behavior. Dependence proneness; Orientations: Collectivist, materialist and holistic,

UNIT-III

Groups and teams: Difference between groups and teams, types of team, hindrance in team building: Group think; Indian societal stereotypes and prejudice; Building effective teams: Stages of team building and issues at each stage.

P. Prasad
30-03-19

L. K. Singh
30-03-19

P. K. Singh
30-03-2019

30/03/19
Hetal

Univ. Dept. of Psychology
P.A.B.U. Muz

UNIT-IV

Leadership: Theories of Leadership, Leadership styles congruent with Indian culture: Pioneering-Innovative (PI) style; Paternalistic Leadership; Nurturant Task Leadership style.

RECOMMENDED BOOKS:

- Robbins, P.S.(2003).Organizational Behaviour. New Delhi: Prentice Hall of India Private Limited.
Parick, U. (2007). Understanding Organizational Behaviour (2nd ed.). Delhi, India: Oxford University Press.
Parikh, M., & Gupta, R. K. (2010).Organisational Behavior. New Delhi: McGraw Hill.
Sinha, J. B. P. (2009). Culture and Organisational Behaviour. New Delhi: Sage Publications.
Sinha, J. B. P. (2014). Psycho-social analysis of Indian mind set. New Delhi: Springer.

Paper-II Interpersonal Processes in Organisations

Course Contents:

UNIT-I

Individual in organisation: Importance of interpersonal relationships in organization: Concept of work motivation - theories of motivation, Integrating contemporary theories of motivation, Job satisfaction.

UNIT-II

Organisational culture : Nature of organisational culture: Typology of organisational culture, Indian patterns of work culture, Manipulation of organisational culture; measurement and changing organisational culture.

UNIT-III

Introduction to organisation development: Definition, history of organisational development; process of organisation development: Models and theories of planned change: Kurt Lewin, Burke-Litwin Model, Porras and Robertson model.

UNIT-IV

Behaviour in Organisation: Productive behaviour: Nature and Process; Organisational citizenship behaviour and Organisational commitment.

Counterproductive Behaviour: Nature and Processes: Absenteeism, Employee Turnover, Ineffective job performance.

Emerging challenges of organisational behaviour: Knowledge management and people issues; Competency mapping and psychological processes, Coaching-mentoring and counseling

RECOMMENDED BOOKS:

- Jex, S. M.(2002).Organisational Psychology. New York: John Wiley & Sons
Robbins, P.S.(2003).Organisational Behaviour. New Delhi: Prentice Hall of India Pvt. Ltd.
Parick, U. (2007). Understanding Organisational Behaviour (2nd Ed.). Delhi, India: Oxford University Press.

Parikh, M.& Gupta, R. K. (2010). *Organisational Behaviour*. New Delhi: Mc-Graw Hill.
Sinha, J. B. P. (2009). *Culture and Organisational Behaviour*. New Delhi: Sage Publications.
Sinha, J. B. P. (2014). *Psycho-social analysis of Indian mind set*. New Delhi: Springer.

M.A. SPECIALISATION IN CLINICAL PSYCHOLOGY

Paper I - Introduction to Clinical Psychology

Course Contents:

UNIT-1

Foundations: Historical background: Early & Recent history, Nature of discipline: Theory and research; Developing a professional identity: Education & training, professional activities and employment setting.

UNIT-2

Psychodynamic approach: Brief orientation to psychoanalytic psychology – Freud, Adler, Jung. Understanding psychological defenses.

UNIT-3

Other major approaches: Behavioural and cognitive-behavioural; Humanistic; Existential; Family systems, Biological.

UNIT-4

Clinical assessment: Rationale and planning; Clinical interviewing; Areas of applications: Intellectual and educational; personality and interpersonal; behavioural and psycho-diagnostic.

RECOMMENDED BOOKS:

Fernandes-Ballesteros, R. (Ed.) (2003). *Encyclopedia of psychological assessment (Vol.I & II)*. New Delhi, India: Sage.

Gregory, R. J. (2000). *Psychological testing: History, principles, and applications (3rd ed.)*. Boston: Allyn& Bacon.

Hecker, J. E., & Thorpe, G. L. (2005). *Introduction to clinical psychology: Science, practice, and ethics*. Delhi, India: Pearson Education.

Neitzel, N. T, Britten, D.A & Milich, R. (2003). *Introduction to Clinical Psychology*. Prentice Hall, New Delhi.

Pomesante, A. M. (2008). *Clinical psychology: Science, practice, and culture*. New Delhi, India: Sage Publications.

Paper II – Psychotherapy

Course Contents:

UNIT-1

Foundations: Becoming a psychotherapist: Training and supervision; Stages of therapy; Modes of therapy: Individual, group, couples & family; Critical/controversial issues in psychotherapy.

UNIT-2

Psychodynamic therapies: Psychoanalytic therapies, Object-relations therapies; Interpersonal approaches.

UNIT-3

Humanistic & transpersonal therapies: Client-centered therapies; Existential therapies; Gestalt therapies; transpersonal therapies.

UNIT-4

Behavioural & cognitive-behavioural therapies: Behavioural therapy; Cognitive therapy (Beck); Rational emotive behaviour therapy (Ellis).

BOOK READINGS:

Corey, G. (2015). *Theory and practice of counseling and psychotherapy*. Boston: Cengage Learning.

Feltham, C. (Ed.) (1999). *Controversies in psychotherapy and counseling*. New Delhi: Sage.

Hecker, J. E., & Thorpe, G. L. (2005). *Introduction to clinical psychology: Science, practice, and ethics (Low Price Edition)*. Delhi, India: Pearson Education.

Palmer, S. (Ed.) (2006). *Introduction to counseling and psychotherapy: The essential guide*. New Delhi, India: Sage.

M.A. SPECIALIZATION IN PSYCHOMETRICS

Paper I - Statistics

Course Contents:

UNIT-I

Introduction to statistics: Types of data, describing variables numerically, probability distribution and normal curve, calculating central tendency and dispersion, relationships between two or more variables: Pearson correlation and Spearman's rho, point-biserial, biserial, tetrachoric.

UNIT-II

Significance testing: Logic of hypothesis testing, The standard error of means and Standard error of difference between means, The t-test: Comparing two samples of correlated/uncorrelated scores, Chi-square: Differences between samples of frequency data, One-tailed versus two-tailed significance testing.

UNIT-III

Introduction to analysis of variance: Analysis of variance (ANOVA): one-way and two-way, Analysis of Co-variance.

UNIT-IV

Partial correlation, multiple regression and multiple correlation

Non-parametric statistics: Difference between parametric and non-parametric statistics; Mann-Whitney-Wilcoxon test, Kendal coefficient of concordance, Sign test.

RECOMMENDED BOOKS:

Aron, A., & Aron, E. N. (1994). *Statistics for psychology*. New Jersey, NJ: Prentice Hall.

Garrett, H. E. (1966). *Statistics in psychology and education*. Bombay, India: VakilsFoefer& Simon Pvt. Ltd.

Guilford, J. P. (1965). *Fundamental statistics in psychology and education* (4th ed.). New Delhi, India: Subject Publications.

Levin, J., & Fox, J. A. (2006). *Elementary statistics in social research* (10th ed.). New Delhi, India: Pearson Education.

Paper II - The Science of Psychological Assessment

Course Contents:

UNIT-I

Perspectives on psychometrics- Scientific measurement in psychometrics and measurement in the natural sciences, Measurement models: Classical test theory, Latent variable model, Representational measurement model, the theory of true scores.

UNIT-II

Process of test construction: Knowledge-based and person-based questionnaire, Objective and open-ended tests, Norm-referenced and criterion-referenced testing.

Item analysis: Classical item analysis statistics for knowledge-based tests, person-based tests, criterion-referenced testing.

Factor analysis: Concept, Exploratory and Confirmatory factor analysis, Eigen value, factor loading, Kaiser criterion and other techniques for identifying the number of Factors.

UNIT-III

Standardization of tests: Reliability: Concept and forms of error; Factors influencing reliability, Methods: Spearman-Brown correction, K-R Formula, cautions in the use of reliability coefficient.

Validity: Concepts and types of validity; factorial validity; difference between validation and validity.

Normalisation: Algebraic normalisation, graphical normalisation

UNIT-IV

Bias in testing and assessment: forms of bias, item bias: Identifying item bias, differential item functioning, item offensiveness, intrinsic and extrinsic test bias: statistical models of intrinsic test bias

RECOMMENDED BOOKS:

Borsboom, D. (2005). *Measuring the mind: Conceptual issues in contemporary psychometrics*. UK: Cambridge University Press.

Kalina, P. (1998). *The new psychometrics: Sciences, psychology and measurement*. London & New York: Routledge.

Mitchell, J. (1990). *An Introduction to the logic of psychological measurement*. Hillsdale, MI: Erlbaum.

Rust, J., & Golombok, S. (2009). *Modern psychometrics: The science of psychological assessment*. London and New York: Routledge.

MA, SPECIALIZATION IN POSITIVE PSYCHOLOGY

Paper I - Foundations of Positive Psychology

Course Contents:

UNIT-I

Introduction: Psychology from a positive perspective, Eastern and Western perspectives on Positive Psychology, Building bridges between Humanistic and Positive Psychology.

UNIT-II

The principles of pleasure: Understanding positive affect, positive emotions, happiness and well-being, Complementary roles of eudaimonia and hedonia, Making emotional experiences: Emotion-focused coping, emotional intelligence, emotional story telling.

UNIT-III

Positive personality traits and strengths: Classifications and measures of strengths and positive outcomes, Self-efficacy, optimism and hope.

UNIT-IV

Positive cognitive states and processes: Wisdom and courage: Characteristics of the wise and the brave, Mindfulness, flow, and spirituality. In search of the optimal experiences.

RECOMMENDED BOOKS:

Baumgardner, S. R., & Cichocki, M. K. (2009). *Positive psychology*. New Delhi: Pearson Education.

David, S. A., Boniwell, J., & Ayers, A. C. (Eds.) (2013). *The Oxford handbook of happiness*. Oxford, UK: Oxford University Press.

Kumar, U., Archana, & Prakash, V. (Eds.) (2015). *Positive psychology – Applications in work, health and well-being*. Delhi & Chennai: Pearson.

Lopez, S. J., & Snyder, C. R. (2011). *The Oxford handbook of positive psychology*. New York: Oxford University Press.

Peterson, C. (2006). *A primer in positive psychology*. New York: Oxford University Press.

Seligman, M. P. (2002). *Authentic happiness*. New York: Free Press.

Special Issue on Positive Psychology (2014). *Psychological Studies*, 59(2).

Paper II - Positive Psychology in Cultural and Social Context

Course Contents:

UNIT-I

Positive Psychology in cultural context: The role of culture in developing strengths and living well, Stages of life and positive living.

UNIT-II

Pro-social behaviour: Empathy and egotism: Portals to altruism, Gratitude and forgiveness: Attachment, love and flourishing relationships.

UNIT-III

Understanding and changing human behaviour: Balanced conceptualizations of mental health and behaviour, Preventing the bad and promoting the good.

UNIT-IV

Positive environments: Positive schooling and good work, the power and practice of gratitude, positive aging

RECOMMENDED BOOKS:

- Baumgardner, S. R., & Crothers, M. K. (2009). *Positive psychology*. New Delhi: Pearson Education.
- Kumar, U., Archana, & Prakash, V. (Eds.) (2015). *Positive psychology - applications in work, health and well-being*. Delhi & Chennai: Pearson.
- Lopez, S. J., & Snyder, C. R. (2011). *The Oxford handbook of positive psychology*. New York: Oxford University Press.
- Seligman, M. P. (2002). *Authentic happiness*. New York: Free Press.
- Special Issue on Positive Psychology (2014). *Psychological Studies*, 59(2).

E.COMPUTER APPLICATIONS IN PSYCHOLOGY

Paper-II: Computer Application

Course Contents:

UNIT-I

Use of computer software in psychology

Experimental/Laboratory control: Use of computers in designing experiments, control of relevant variables

UNIT-II

Clinical/Child Psychology: Computer mediated psychological testing, Virtual psychotherapy, computer assisted counselor training, neuropsychological assessment - MRI, PET, computerized report writing, effects of computer/internet on mental health

UNIT-III

Use of computer software in psychology: Cognitive Psychology - GPS, Artificial intelligence, expert systems, simulation/virtual reality

UNIT-IV

Organizational: Selection and placement - computer assisted assessment for recruitment, appraisal and screening. Simulated training programs

RECOMMENDED BOOKS:

Baskin, D. (1990). Computer applications in psychiatry and psychology. London: Routledge -Taylor-Francis.

Rajaraman V. (1999). Fundamentals of Computers. New Delhi: Prentice Hall, India.

Crumlish, C. (1998). The ABC's of Internet. New Delhi: BPB Publications Manovigyanik software developed by Psy-com, B-4, 80/2 SJE, New Delhi-29

Paper-II Practical

UNIT-I

Using SPSS for data entry

UNIT-II

For analysing data - basic statistical procedures (UNIVARIATE & MULTIVARIATE)

UNIT-III

For analysing data - non-parametric techniques, for creating bars, charts, and figures, Interpretation of SPSS OUPUT FILES.

UNIT-IV

Use of internet resources for psychology: ERIC database, Psych Lit, Psych INFO, www.sciencedirect.com

RECOMMENDED BOOKS:

Rajaraman V. (1999). Fundamentals of Computers. New Delhi: Prentice Hall, India.

Crumlish, C. (1998). The ABC's of Internet. New Delhi: BPB Publications Manovigyanik software developed by Psy-com, B-4, 80/2 SJE, New Delhi-29.

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