

B. B. A. BIHAR UNIVERSITY, MUZAFFARPUR

# University Department of Political Science

## Courses of Study

M.A. Political Science under Choice Based Credit System  
With effect from 2018-19

Post Graduate Board of Studies, Political Science

3/25/2019

Akroyla  
25/03/2019  
25/03/2019

25/03/2019  
25/03/2019

Potkin  
25.03.19

25/03/19  
Professor & Head  
Dept. of Political Sci.  
B.B.A. Bihar University  
Muzaffarpur

SEMESTER II  
MPOLECC-8 Paper V

Introduction to Public Administration

Unit-1

1. Introduction: Meaning, Nature and Scope
2. Evolution of Public Administration as a Discipline and its Present Status

Unit-2

3. Theories and Principles of Organization: Administrative Management: Henri Fayol and His successors.
4. Scientific Management: F.W. Taylor

Unit-3

5. Bureaucratic Theory: Weber
6. Human Relation Theory: Elton Mayo
7. Chester Barnard

Unit-4

8. Theories of Communication and Leadership
9. Morale and Motivation: Maslow, Herzberg and McGregor
10. Managing Conflicts in Organization: Mary Parker Follet

Unit-5

11. Rational Decision Making Approach: Herbert Simon
12. Ecological Approach: Fred Riggs
13. Management by Objectives: Peter Drucker

Reading List:

1. S.R. Maheshwari, *Administrative Theories*, Macmillan India Ltd
2. S.R. Maheshwari, *Administrative Theory: An Introduction*, Macmillan India Ltd
3. Ramki Basu, *Public Administration: Concepts and Theories*, Sterling Publishers Pvt Ltd
4. Mohit Bhattacharya, *Public Administration: Structure, Process and Behaviour*, The World Press Pvt Ltd
5. P.G. Das, *Fundamentals of Public Administration*, New Central Book Agency (P) Ltd
6. Ramesh K. Arora (ed.), *Indian Administration: Perceptions and Perspectives*, Aalekh Publishers
7. Alka Dhanraj (ed.), *Contemporary Debates in Public Administration*, PHI Learning Private Limited
8. David H. Rosenbloom, Robert S. Kravchuk, *Public Administration: Understanding Management, Politics, and Law in the Public Sector*, McGraw-Hill
9. R.K. Sapsu, *Public Policy: Art and Craft of Policy Analysis*, PHI Learning Private Limited
10. Bidyut Chakrabarty, Mohit Bhattacharya (eds.), *Administrative Change and Innovation: A Reader*, Oxford University Press

Aceja  
25/3/2017

25/3/2016

25/3/2019

25/3/19

25/3/19  
Professing & Head  
Dept. of Political Sci  
B.K.A. Saha Guesst  
Muzaffarpur



3. Political Economy of International Relations: Globalization– Meaning Broad Features, Implications for International Relations
4. International Trade and Commerce: World Trade Organization, G-20, Trade Negotiations

**Unit-3**

5. Development Issues: Bretton Woods System; IMF and World Bank, Issues between North and South, North-South Dialogue
6. Climate Change and Environmental concerns, IPCC negotiations

**Unit-4**

7. International Terrorism and Democratic Expansion
8. Human Rights

**Unit-5**

9. Emerging Issues: Ethnic Resurgence or Identity Wars
10. Emerging issues: Humanitarian Intervention and Displacement of Population

**Reading List:**

1. Thomas R. Mockaitis and Paul B. Rich (eds), *Grand Strategy in War against Terrorism*

**MPOLCC-8 Paper VIII Indian Political Thought**

**Unit-1**

1. Overview of Indian Political Thought: Genesis and Development.
2. Shantiparva (Mahabharat) - Rajdhama.

**Unit-2**

3. Kautilya's Arthashastra - Kingship, Saptaanga Theory and Mandala theory.

**Unit-3**

4. The Indian Renaissance - Ram Mohan Roy and Swami Vivekanand
5. The Indian Nationalism- B. G. Tilak and M.K. Gandhi

**Unit-4**

6. Social and Political Thought of Sri Aurobindo and M.N. Roy
7. Social and Political Thought of L. L. Nehru, Ram Manohar Lohia and Jaya Prakash Narayan

**Unit-5**

8. Critique of the Caste System - E.V. Ramasamy Periyar and B. R. Ambedkar
9. Social and Political Thought of V. D. Savarkar and Deen Dayal Upadhyaya

**Reading List:**

1. Bidyut Chakrabarty and Rajendra Kumar Pandey, *Modern Indian Political Thought: Text and Context*, Sage, New Delhi
2. M.P. Singh and Himanshu Roy, *Indian Political Thought: Themes and Thinkers*, Pearson, New Delhi, 2017
3. K.S.Padhy, *Indian Political Thought*, Prentice Hall India, Eastern Economy Edition, 2011
4. A. Appadurai, *Indian Political Thought in the 20th Century*, 2nd edition, South Asian Publishers, 1987

Akshita  
25/3/2019

25/3/2019

P.P.  
24/3/2019

25.03.19

25/3/19  
Professor A. Harit  
Scheme Dept. of Political Science  
R.G.A. Jantar University  
Bhopal

MPOLCC-9 Paper 9 Political Processes and Governance in India

Unit-1

1. Socio-cultural and Philosophical Bases of Indian Politics

Unit-2

2. Party System: National and Regional Political Parties, Ideological and Social Bases of Political Parties, Pattern of Coalition Politics
3. Pressure Groups

Unit-3

4. Voting Behaviour: Determinants, Changing Socio-economic Profile of Legislators
5. Electoral Politics in different phases: (i) up to 1967 (ii) 1967-1977 (iii) 1977-1980-89 (iv) 1989-2014 (V) 2014 onwards

Unit-4

6. Identity Politics: Religion, Tribe, Caste, Region and Languages
7. Gender and Politics in India: Issues of Equality and Representation, Role of women in the Political Process

Unit-5

8. State, Economy and Development: Nature of Indian State, Development Planning Model, New Economic Policy, Growth and Human Development
9. Process of Globalization: Social and Economic Implications

Reading List:

1. Ramashray Roy and Paul Wallace, *Indian Politics and 1998 Elections*, Sage, 2000
2. Paul Wallace and Ramashray Roy, *India's 1999 Elections and Twentieth Century Politics*, Sage, 2003
3. Ramashray Roy and Paul Wallace, *India's 2004 Elections: Grassroots and National Perspectives*, Sage, 2006
4. Paul Wallace and Ramashray Roy, *India's 2009 Elections: Coalition Politics, Party Competition and Congress Continuity*, Sage, 2011
5. Ramashray Roy and Paul Wallace, *India's 2014 Elections: A Modi-led BJP Sweep*, Sage, 2015
6. Zoya Hasan, *Quest for Power: Oppositional Movements Post-Congress Politics in Uttar Pradesh*, Oxford University Press, 1998
7. Rajeev Bhargava (ed.), *Secularism and its Critics*, Oxford University Press, 1998
8. Peter Ronald d'Souza, E. Sridharan (eds.), *India's Political Parties*, Sage, 2006
9. Francine R. Frankel, et al. (eds.), *Transforming India: Social and Political Dynamics of Democracy*, Oxford University Press, 2000
10. Partha Chatterjee (ed.), *State and Politics in India*, Oxford University Press, 1968

Akshita  
25/03/2019  
AP  
25/3/19

25/3/2019

AKR  
25-03-19

25/3/19  
I am member of the  
National Union of Journalists  
of India



Basics of Operating System:

Introduction to Unix/Linux Operating System, Introduction to Windows Operating System, Basic Operations on Unix/Linux and Windows Operating Systems.

**Unit III**

Information Management: Document processing and e-Documentation using Word processor like Open Office, Statistical and Graphical Data Analysis using Spread Sheet and Statistical Packages, Data / Information Communication and Presentation using PowerPoint.

**Unit IV**

SSD (Special Skill Development) Detailed study on any one of the following three using Spoken Tutorial:

- Latex
- Accounting Software
- Spread sheet using Spoken tutorial
- Matlab/Scilab

**Unit V**

Networking Basic:- Network topologies, LAN, MAN, WAN, TCP/IP, Knowledge of Networking Hardware, Servers/Client Interface, Internet Connectivity

**Unit VI**

Assignment / Field Work based and Unit I, II, III and IV.

Or

**Ability Enhancement Course (AEC) or Skill Enhancement Course (SEC)**

**Course title: Life and Communication Skill Development**

**Course Code: AEC-ISEC-1      Credit 5**

**(There shall be 5 units each consisting of one credit)**

**Course Description:** Acquisition of life skills will empower students to cope with the transitive interactions in personal and professional lives while in an age of communication the curriculum will equip students to develop expertise in the utilities of ICT in the transmission of knowledge.

**Course Objectives:**

- To develop communication skill of students.
- To develop writing skill of students.
- To develop expertise in the utilities of ICT in the transmission of knowledge.

**Course content:**

**Unit**

**Topics**

- |   |  |
|---|--|
| 1 | Life Skills: Critical Thinking, Aristotle's Law of Logic, Problem Solving, Creative Thinking |
|---|--|

Akshita  
25/10/2019  
or  
25/11/19

Archi  
25-10-2019

25/10/19  
University of Jammu  
Faculty of Education  
B.A. Honours  
25/10/19

- II Inter-personal Skills: Childhood Ethics, Coping with Emotions and Stress, Trustworthiness and Empathy, Negotiating Difference of Opinions
- III Communication skills: What is Communication?, Listening Skills, Speaking Skills, Reading Skills, Writing Skills, Group Discussion and Personal Interview, Barriers to Communication
- IV Specialized Writing Skills: Official Letters, Business Letters, Writing Agendas, Minutes, Reports, Writing CVs, Resume, Statement of Purpose, Sending Applications through mail with attachments, Rapporteur, Documentation
- V Information and Communication Technology (ICT) Literacy: Word Processing, Excel, Page Maker, PDF conversion, Preparing Power Point Presentation

#### Learning outcomes:

After completion of the course students should be able to cope with the transitive interactions in personal and professional lives. The course will equip students to develop expertise in the utilities of ICT in the Transmission of knowledge.

Assignments: Assignment will be based on Unit I, II, III, IV and V

Or

### Ability Enhancement Course (AEC)

#### Yogic Sciences

##### Unit-1

#### BASIC CONCEPT OF YOGA

1. Introduction to Yoga: Definitions of Yoga, Thinkers on Yoga and their views: Patanjali, Gherand and; Gorakhi; Karma Yoga, Bhakti Yoga and Gyan Yoga : Concept and Characteristics.
2. Raja Yoga: Eight steps of Yoga; Description and significance of Yamas and Niyamas.
3. Asanas and Pranayams : Methods, Advantages and Limitations; Concept of Prana and Nadis; The subtle body, Chakras.
4. Pratyahara and Dharana : Significance and Techniques; Pratyahara and Dharana - Yoga Nidra, Antar-Moana, Ajapa Jap;
5. Hath Yoga : Shatkarmas their Methods, Benefits and Limitations
6. Body and Mind : Body-mind relation; the conscious, subconscious and unconscious; Psychosomatic disorders. of Yamas

##### Unit -2

#### APPLICATIONS OF YOGA

1. Yogic Lifestyle and Health : Medical Concept and Definition of Health, Causes of disease according to Medical Science and Yoga; Basic instincts and their management through Yoga;

Anojka  
25/2/2019

25/2/2019  
25/2/2019

25.03.19

25/2/2019  
Dr. Anojka B. Verma  
Associate Prof. of Physical Education  
B.K.A. Group University  
Wardha



- Diet and Nutrition:** Medical and Yogic concept of diet; the three Gunas in relation to diet.
- Effect of Yoga on body systems:** The Bones and Joints, Cardiovascular, Respiratory, Digestive, Nervous, Endocrinal and Excretory Systems. Preventive, Promotive and Curative Effects of Yoga.
- Stress management:** Concept and types of stress, Effects of stress on body and mind, Yogic management techniques.
- Social Health management:** Causes and effects of crime and substance abuse on society, Role of yoga as supporting and transforming agent.

#### Unit 3 (practical)

- Pawanmuktasana – Part I, II and III
- Relaxation asanas – Shavasana, Advasana, Makarasana, Matsyakraidasana.
- Meditative Asanas – Padmasana, Siddhasana, Siddhayeriasana, Sukhasana.
- Standing Asanas – Tadasana, Tiryaktadasana, Kothikrasana, Dwikonasana, Trikonasana.
- Vajrasana series – Vajrasana, Suptavajrasana, Singhasana, Sraghtankasana, Ustrasana, Vyaghrasana.
- Forward Bending Asanas – Pashchimottasana, Janushirasana.
- Backward Bending Asanas – Bhujangbhara, Tiryakbhujangasana, Shalabhasana, Dhanurasana, Chakrasana, Gomukhasana, Kardibrasana

#### Unit 4 (practical)

- Utiyatrak Asanas – Suryanamaskar, Shankhprakhhalana Asanas.
- Inverted Asanas – Bharnipadmasana, Sarvangasana, Halasana.
- Pranayama – Prepranayama Practices, Yogic Breathing, Nadishodhan up to stage III, Kapalbhati, Bhastrika, Bhramari
- Mudras and Kriyas – Gyen, Chin, Shambhawi, Nasikagra, Ashwini, Khechari, Agnicor
- Bandhas – Jalandhar, Moola, Uddiyana, Mahabandha
- Shatkarnas – Kutjal, Jalneti, Loghooshankhprakhshlana, Tataka.
- Pratyahara – Yoganidra, Antarmasna, Ajapa.

#### Unit -5

Assignment/Vocational Training

(\*1 unit= 1 credit)

Unit 1+2 = 2 X 10 = 20 hrs

Unit 3+4 (Practicals) = 2 X 20 = 40 hrs

Unit 5 (Vocational Training) = 10 X 2 = 20 hours

Total Programme Programme = 20+40+20 = 80 hours

-----End of Semester II-----

Akoyka  
25/12/19  
R  
25/12/19

25/12/2019

25.03/19

25/12/19  
Prof. Dr. H. H. H.  
Head of Institute  
B.A. (Hons.)  
Yoga