

Programme related to Swachhata. Role of 'Swachhagrahis' in Swachha Bharat 5 Abhiyan.

Sanitation and hygiene, why sanitation is needed, sanitation and human rights, plantation, value of nature, concept of community participation and role of state agencies. Case Study of Sanitation, effects of cleanliness, diseases - infectious and vector - born idea of spread of diseases through body and other biological fluids and excreta.

B- Unit-5: Assignment/Practical/field work based on unit-4
Or

Alternative to unit-4 and unit-5 a student can also enrol for Swachha Bharat Internship programme of MHRD.

M.A. SEMESTER-II
Phil. CC- 05
WESTERN LOGIC

Time : 3 hours

Full marks : 70

The Students are required to attempt.

No. of Question x marks

Q1. Ten Multiple Choice Questions from each unit (Compulsory)	10×1=10
Q.2. Any Four Short-Answer Questions (Compulsory)	4×6=24
Q.3. Any Three Long-Answer Questions	3×12=36

Internal Assessment

(a) Two Midterm Test	2×7.5=15
(b) Seminar & Home Assignment	2×2.5=5
(c) Regularity & Conduct	10

Unit-I :

1. Nature of Logic : Deductive, Inductive and Symbolic
2. Advantages of Symbolic Logic
3. Propositions and Arguments

Unit-II :

1. Categorical Propositions and its four kinds according to quality and quantity
2. Distribution of Terms

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- Square of Opposition

Unit-III :

- Immediate Inference - conversion and obversion
- Figures - Four figures
- Sylogistic rules and fallacies

Unit-IV :

- Truth and Validity
- Contradictory, Tautology, Contingent & Equivalence by using truth-table.
Characterisation
- Determination of Truth value by using Truth Table Method.
- Validity and Invalidity of argument by Truth-Table Method.

Unit-V :

- Formal proof of validity
- Proving Invalidity: By the Method of Assigning truth-Values.
- Conditional Proof and Indirect proof.

SUGGESTED BOOKS

- Symbolic Logic - I.M. Copi 4th edition
- An Introduction to logic - Copi and Cohen 8th Edition
- An Introduction to Logic - Copi and Cohen Jetti and Prabhakar 12th Edition
- Deductive Logic - B.N.Roy
- Formal inference - ...
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- Formal inference - ...

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1. Apriori Knowledge
2. Aposteriori Knowledge
3. Distinction between Analytic and Synthetic Judgement

SUGGESTED BOOKS

- | | | | |
|----|---------------|---|---|
| 1. | K. Lehren | - | Knowledge |
| 2. | R.M. Chisholm | - | Theory of Knowledge 3 rd Ed. |
| 3. | A.J. Ayer | - | The Problem of Knowledge |
| 4. | B. Russell | - | Human Knowledge : Its Scope and Limits |
| 5. | A.C. Danto | - | Analytical Philosophy of Knowledge |
| 6. | P.F. Strawson | - | Skepticism and Naturalism same Varieties. |
| 7. | डॉ. अ. वा. | - | ब्रह्मसूत्र भाष्य |
| 8. | डॉ. वि. वा. | - | ब्रह्मसूत्र भाष्य |

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M.A. SEMESTER-II
Phil. CC- 07
GANDHIAN PHILOSOPHY

Time : 3 hours

Full marks : 70

The Students are required to attempt

No. of Question x marks

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|------|---|---------|
| Q1. | Ten Multiple Choice Questions from each unit (Compulsory) | 10×1=10 |
| Q.2. | Any Four Short-Answer Questions (Compulsory) | 4×6=24 |
| Q.3. | Any Three Long-Answer Questions | 3×12=36 |

Internal Assessment

- | | | |
|-----|---------------------------|----------|
| (a) | Two Midterm Test | 2x7.5=15 |
| (b) | Seminar & Home Assignment | 2x2.5=5 |
| (c) | Regularity & Conduct | 10 |

Unit-I :

1. Truth and God
2. Non-Violence

Unit-II :

1. Cardinal Virtues
2. Ends and Means

Unit-III :

1. Swadeshi
2. Education

Unit-IV :

1. Trusteeship
2. Sarvodaya

Unit-V :

1. Satyagraha

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2. Religion

SUGGESTED BOOKS

1. M.K. Gandhi - My Experiment with Truth
2. M.K. Gandhi - Hind Swaraj
3. M.K. Gandhi - Removal of Untouchability
4. M.K. Gandhi - Women and Social Justice
5. S.S. Patil - Gandhi and Swaraj
6. Romain Rolland - Mahatma Gandhi
7. S. Radhakrishnan - Mahatma Gandhi, Hundred Years
8. B.C. Pal - Swadeshi and Swaraj
9. N.K. Basu - Selections from Gandhi
10. Margaret Chatterjee - Gandhian Religions Thought
11. D.M. Datta - The Philosophy of Mahatma Gandhi
12. Homer A. Jack - Religion and peace
13. Rangnath Prasad - Gandhi Darshan Vishwa Shanti Ki ore.
14. Ramji Singh - Gandhi Mimansa

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M.A. SEMESTER-II
Phil. CC- 08
INDIAN METAPHYSICS

Time : 3 hours

Full marks : 70

The Students are required to attempt.

No. of Question x marks

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|---|---------|
| Q1. Ten Multiple Choice Questions from each unit (Compulsory) | 10×1=10 |
| Q2. Any Four Short-Answer Questions (Compulsory) | 4×6=24 |
| Q3. Any Three Long-Answer Questions | 3×12=36 |

Internal Assessment

- | | |
|-------------------------------|----------|
| (a) Two Midterm Test | 2×7.5=15 |
| (b) Seminar & Home Assignment | 2×2.5=5 |
| (c) Regularity & Conduct | 10 |

Unit-I :

1. Padartha (Vaisesika)

Unit-II :

1. Brahman (Upanishad, Shankar and Ramanuja)

Unit-III :

1. Conception of God (Nyaya and Yoga)

Unit-IV :

1. Conception of Jiva and Purusha (Jain & Samkhya)

Unit-V :

1. Conception of World (Shankar & Ramanuja)

SUGGESTED BOOKS

- | | | |
|----------------------|---|--|
| 1. J.N.Sinha | - | Indian Philosophy |
| 2. P.K.Mukhopadhyaya | - | Indian Realism |
| 3. B.N.Singh | - | Bhartiya Darshan |
| 4. H.P.Singh | - | Bhartiya Darshan ki Ruprekha |
| 5. C.D.Sharma | - | A Critical Survey of Indian Philosophy |

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5.	G.D.Sharma	-	History of Indian Philosophy
6.	S.N.Das Gupta	-	Indian Philosophy Vol. I to V
7.	S.Radhakrishnan	-	Indian Philosophy Vol. I & II
8.	M.Hiriyana	-	Outlines of Indian Philosophy

M.A. SEMESTER-II
Phil. CC- 09
INDIAN LINGUISTIC TRENDS

Time : 3 hours

Full marks : 70

The Students are required to attempt.

No. of Question x marks

Q1.	Ten Multiple Choice Questions from each unit (Compulsory)	10x1=10
Q2.	Any Four Short-Answer Questions (Compulsory)	4x6=24
Q3.	Any Three Long-Answer Questions	3x12=36

Internal Assessment

(a)	Two Midterm Test	2x7.5=15
(b)	Seminar & Home Assignment	2x2.5=5
(c)	Regularity & Conduct	10

Unit-I :

1. Metaphysical basis of Linguistic trends in Indian Philosophy
2. Theory of Sphotavada and its Criticism

Unit-II :

1. Problem of Meaning:
 - (a) Nature and Classification of Word (Abhidha, Lakshana, Vyanyana)
 - (b) Import of words - (Akrativada, Vyaktivada and Jativada)

Unit-III :

1. Conditions of knowing the meaning of sentence
(Anvitabhidanvada and Abhihitanvayavada), Akhanda Vakyavada

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Unit-IV :

1. Avachhedakavada
2. 'Conception of Negation

Unit-V :

1. Apohavada
2. Meaning and Kinds of Abhava

SUGGESTED BOOKS

1. K.N.Chatterjee - Word and meaning- A new perspective Varanasi-1980
2. Gaurinath Sastri - The Philosophy of Word meaning, Calcutta-1959
3. K.Kunjummi Raja - Indian Theories (Meaning Adyer 1977)
4. K.A.Subramanialayer- Bhartrihari, Poona, 1969
5. Tandra Patnak - Sabda : A Study of Bhartrihari's Philosophy of Language De 1994
6. Nares Pd. Tiwari - Bhartiya Bhasha Darshan
7. Satyapal Guptom - Bhasha Darshan
8. Bijay Pal Shashtri - Bhartiya Bhasha Darshan
9. V.N.Ojha - Logic, Epistemology and Language.
10. Hari Mohan Jha - Trends of Linguistic Analysis in Indian Philosophy

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M.A. SEMESTER-II

AEC- 01

Ability Enhancement Course

Yogic Sciences

Time : 3 hours

Full marks : 70

The Students are required to attempt.

No. of Question x marks

Q1. Ten Multiple Choice Questions from each unit (Compulsory)	10x1=10
Q2. Any Four Short-Answer Questions (Compulsory)	4x6=24
Q3. Any Three Long-Answer Questions	3x12=36

Internal Assessment

(a) Two Midterm Test	2x7.5=15
(b) Seminar & Home Assignment	2x2.5=5
(c) Regularity & Conduct	10

UNIT-I*

BASIC CONCEPT OF YOGA

- 1. Introduction to Yoga:** Definitions of Yoga, Thinkers on yoga and their views- Patanjali, Gherand and; Goraksh; Karma Yoga, Bhakti Yoga and Gyan Yoga; Concept and Characteristics.
- 2. Raja Yoga :** Eight steps of Yoga: Description and Significance of Yamas and Niyamas.
- 3. Asanas and Pranayama:** Methods, advantages and limitations; Concept of Prana and Nadis; The subtle body, Chakras.
- 4. Pratyahara and Dharana :** Significance and techniques; Pratyahara and Dharana - Yoga Nidra, Antarmuena, Ajapa Jap.
- 5. Hath Yoga :** Shatkarmas - their methods, benefits and limitations
- 6. Body and Mind:** Body-mind relation; the conscious, subconscious and unconscious; Psychosomatic disorders.

UNIT-2

APPLICATION OF YOGA

- 1. Yogic Lifestyle and Health:** Medical concept and definition of health, Causes of disease according to medical science and yoga; Basic instincts and their management through yoga;

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2. **Diet and Nutrition** : Medical and Yogic concept of diet; the three Gunas in relation to diet.
3. **Effect of Yoga on body systems**: The Bones and Joints, Cardiovascular, Respiratory, Digestive, Nervous, Endocrinal and Excretory systems. Preventive, Promotive and curative effects of Yoga.
4. **Stress management** : Concept and types of stress, Effects of stress on body and mind, Yogic management techniques.
5. **Social Health management** : Causes and effects of crime and substance abuse on society, Role of Yoga as supporting and transforming agent.

UNIT-3

- (i) Pawanmuktasana - Part I, II and III
- (ii) Relaxation asanas - Shavasana, Adwasana, Makarasana, Matsyakridasana.
- (iii) Meditative Asanas - Padmasana, Siddhasana, Siddhayoniasana, Sukhasana.
- (iv) Standing Asanas - Tadasana, Tiryaktadasana, Katichakrasana, Dwikonasana, Trikonasana
- (v) Vajrasana Series- Vajrasana, Suptavajrasana, Singhasana, Shashankasana, Ustrasana, Vyaghrasana.
- (vi) Forward Bending Asanas- Pashchimottanasana, Janushirasana.
- (vii) Backward Bending Asanas - Bhujangasana, Tiryakbhujangasana, Shalabhasana, Dhanurasana, Chakrasana, Gomukhasana, Kandhrasana

UNIT-4

- (i) Gatyatmak Asanas - Suryanamaskar, Shankhprakhshalana Asanas.
- (ii) Inverted Asanas - Bhujipadmastasana, Sarvangasana, Halasana
- (iii) Pranayama- Prepranayama Practices, Yogic Breathing, Nadishodhan upto stage III, Kapalhati, Bhastrika, Bhramari
- (iv) Mudras and Kriyas - Gyan, Chin, Shambhavi, Nasikagra, Ashwini, Khechari, Agnisar
- (v) Bandhas - Jalandhar, Moola, Uddiyana, Mahabandha
- (vi) Shatkarmas - Kunjal, Jalneti, Laghooshankhprakhshalana, Trataka,

UNIT-5

Assignment/Vocational Training

(*1 unit = 1 credit)

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