

# HUMAN DEVELOPMENT AND CHILD WELFARE

## SEMESTER – I

### PAPER-1

FULL MARKS – 100

Students are required to answer four questions selecting two from each group.

40 marks

10 marks Internal Assessment

#### Group - A

#### STATISTICS-I

1. Measures of central tendency- (Mean, Median, Mode).
2. Measures of variability, (The range, quartile, Average, deviation, standard deviation)
3. Hypothesis, Importance, limitation, types and characteristics.

#### Group – B

#### RESEARCH METHODOLOGY – I

40 marks

10 marks Internal Assessment

1. Science, Scientific methods, scientific approach.
2. Role of statistic in the research of Home Science.
3. Objective of Research – Explanation, control and predication.
4. Types of Research – Historical, Survey, Experimental, Case study, social Research, Participative Research.

## PAPER – II

FULL MARKS – 100

Student are required to answer four questions selecting two from each: group  
40 marks  
10 marks Internal Assessment.

### Group - A

1. History and theories of Human Development – I
2. Freud's Psychoanalytic theory Freudian theory, new Freudian's cross cultural relevance, current status.
3. Learning theory.
  - (a) Pavlov, Watson, Skinner, Cross-culture, relevance and current status, of learning theory.
    1. Cognitive development theory Jean piaget theory, cross-culrutral relevance and current status.
    - 2.. Social, learning and social cognition theories- Bandura's theory ; Cross cultural relevance and current status.

### Group – B

#### STUDY OF FAMILY IN SOCIETY – I

40 marks

10 marks Internal Assessment.

1. The family in social context, Family as a component of social system structure and context.
  - Family as an evolving and dynamic institution Functions of Family.
2. Socio cultural studies of family patterns in India.
  - Family structure Traditional extended/ joint family; Nuclear family Alternate families- Single parent, Child less, female headed and
  - Unitary families.
  - Causes and effect of different types of family structure on changing role of family.
3. theories of family studies.

## PART – III

Early Childhood Care and Education – I

Full Marks – 100

40 marks

10 marks Internal Assessment.

### Group – A

1. Principals of Early childhood care and education.  
importance need and scope of E.C.C.E, Objectives of E.C.C.E.  
Types of preschools/ Programmes:- Playcentres, day care, Montessori kindergarten, Balwadi, Anganwadi, Palana etc.
2. Historical trends:-  
Contribution of the following thinkers to the development of E.C.C.E. (their principles, application and limitation) in the context of E.C.C.E.  
Pestolozzi, Rousseau, Froebel, Maria Montessori, John Dewey, M.K. Gandhi  
Rabindranath Tagore.
3. E.C.C.E. in India.  
Pre Independence period, Post Independence Kothari commission, contribution of the five year plans of E.C.C.E.
4. Contribution of the following agencies programmes to E.C.C.E in India, NCERT, ICDS, UNICEF, WHO, FAO, CARE, ANP, NNMP.

### Group – B

Advanced study in Human development.

40 marks

10 marks Internal Assessment.

1. Principles and concept of development; Principle of growth and development, Development at tasks.  
Basic, concepts of development-maturation and learning; sensitive periods individual difference nature, nature issue, secular trend in growth.
2. Prenatal development:  
Recapitulation of stages in parental development genetics and environmental factors- Maternal condition and teratogens.
3. Infancy (birth 2 Years):  
The newborn; birth process and the neonate, Physical description, sensory capacities and reflexes becoming, coordinated; feeling sleeping, crying.

**PAPER – IV  
PRACTICAL**

**FULL MARKS – 100**

**20+80**

**Student**

**are required to answer four questions selecting two from each: group.**

**80 marks**

**20 marks Internal Assessment.**

To experiments will be prepare and to planning of low and medium cost diet for the children must be prepare with sample. Examinees will required to present one seminar paper with following experiments.

1. Two experiments will be prepared with sample and techniques of children teaching.
2. Minimum two day care centers Anganbadi, Balwadi, mobile crèche must be, Visited by the student and report to be submitted to the teacher concern/H.O.D.

## SEMESTER – II

PAPER – V<sup>TH</sup>

FULL MARKS – 100.

40 marks

10 marks Internal Assessment.

Student are required to answer four questions selecting two from each: group.

group

Group- A

40 Marks

10 marks Internal Assessment.

### STATISTICS – II

- 1) Pie chart
- 2) Histogram
- 3) Polygon
- 4) Normal distribution
- 5) Correlation- Types, merits and demerits.
- 6) Chi-square

Group- B

40 marks

10 marks Internal Assessment.

### RESEARCH METHODOLOGY – II

- 1) Schedule
- 2) Interview, limitations, merits & demerits
- 3) Research design
- 4) Case study, limitations, merit & demerits
- 5) Observation, limitations, merit & demerits

40 marks

10 marks Internal Assessment.

**Group- A**

**EARLY CHILDHOOD CARE AND EDUCATION –II**

1. Concept of organization and administration of early childhood centers.
2. Building and equipment- location and site arrangement of rooms, Different type and size of rooms. Play ground, storage facilities, selection of different types of outdoor and indoor equipment.
3. Staff/personal services conditions and role- Role and responsibilities essential qualification of a care given/teacher other personnel.
4. Record and report – Types aims and purpose/ need general characteristics.

**Group- B**

40 marks

10 marks Internal Assessment.

**ADVANCE STUDY IN HUMAN DEVELOPMENT – II**

1. Early Childhood (2-6 years)
  - a) Transition from infancy to childhood
  - b) Physical and motor development
  - c) Play and social relationship
  - d) Language cognition and emotion in early years.
  - e) Early childhood education.
2. Middle childhood (7-11 years)
  - a) Physical and motor development changes and challenges.
  - b) Social relationship, peers sibling and parents
  - c) The experiences of showing academic achievement.
3. a) Emotional change during Adolescence types characteristics.  
b) Role of family, peers, community.

## PAPER – VII

FULL MARKS - 100

40 marks

10 marks Internal Assessment.

### Group- A

#### HISTORY AND THEORIES OF HUMAN DEVELOPMENT – II

1. Erikson psycho-social theory.
2. Adler's theory.
3. Lewin field theory.
4. Jung's theory.

### Group- B

40 marks

10 marks Internal Assessment.

#### STUDY OF FAMILY IN SOCIETY - II

1. Family violence battered women child maltreatment.
2. Dowry and family violence.
3. Child rearing and socialization in children.
4. Divorce and remarriage.

## PAPER – VIII PRACTICAL

80 marks

20 marks internal Assessment.

To experiments will be prepare and to planning of low and medium cost diet for the children must be prepare with sample, Examinees will required to present one seminar paper with following experiments.

1. Standardization of infant food preparation and planning preparing of low and medium cost diet for children.
2. Seminar: subject can be choosen from children's problems.

# SEMESTER – III

PAPER – IX<sup>TH</sup>

FULL MARKS – 100

Four question to be set from each group (Group A and Group B) Examinees are required to answer four question selection two from each groups.

**Group- A**

**40 marks**

**10 marks Internal Assessment.**

## THE CHILD WITH SPECIAL NEEDS – I

### CONTENTS

1. Definition to special needs impairments, disability, Approach to identification; treatment and rehabilitation.
2. Mentally retarded children  
Definition and classification, system of education and rehabilitation.
3. Children within sensory deficits:  
Visual and auditory impairments, teaching methods and assessment.
4. Children with multiple disorders spasticity, minimal brain disfunction epilepsy.
5. Emotionally disturbed children common emotional and behaviour problems of childhood and adolescence.
6. Juvenile delinquency.

**Group- B**

**40 marks**

**10 marks Internal Assessment.**

## NUTRITION FOR CHILDREN HEALTH AND DISEASES – I

1. Nutritional status the child in India infant marketability, morbidity rate in India; nutrition and development.
2. Nutritional in infancy; Role of nutrition on physical and mental development prenatal and postnatal. Nutritional requirements during infancy feeding of infants; value of breast feeding; and artificial feeding weaning supplementary foods and infant meaning foods; meaning practice in the community Nutritional in the preschool age, Growth and development of preschool, children prevalence of malnutrition in the preschool means, food habits and nutrients intake preschool children Nutritional requirement during the preschool years supplementary foods.



Four question to be set from each group (Group A and Group B) Examinees are required to answer four question selection two from each groups.

**Group- A**

40 marks

10 marks Internal Assessment.

**ADVANCED STUDY IN HUMAN DEVELOPMENT – III**

1. Youth/ young adulthood (20-35 years)  
Introduction – biological, Cultural and development perspective on youth and adulthood.
2. Development needs importance of social organization.
3. Life cycle approach- sexuality, marriage marital adjustment parenthood.
4. Population in India.
5. Physical continuity and changes, Adult intelligence; personality development role of adult in the family.
6. Maintaining family relationships; with parents, grand parents and childrens.
7. Friends.

**Group- B**

(Total marks - 50)

40 marks

10 marks Internal Assessment.

**PRICIPLE OF GUIDANCE AND COUNSELLING**

1. Nature and scope of counseling.
2. Goals and objectives of counselling.
3. Counselor personal qualities development of skills and professional practice.
4. Counseling process.
5. Approaches to counselling.
6. Evaluation of counselling.

Four question to be set from each group (Group A and Group B) Examinees are required to answer four question selection two from each groups.

**Group- A**

40 marks

10 marks Internal Assessment.

**NUTRITION FOR CHILDREN IN HEALTH – II**

1. Nutritional disorders in infancy and childhood.  
Deficiency disease, nutrition and infection common disease in infancy and childhood; oral rehydration, feeding the sick children immunization schedule.
2. Nutrition during school age (up to 12 years) Nutritional requirement of school age children; problems in feeding school children.
3. Planning diets for children disease; Gastro intestinal disorders, liver disease.
4. Protein and calorie malnutrition.
5. Vitamin deficiencies diseases.

**Group- B**

(Total marks - 50)

40 marks

10 marks Internal Assessment.

**PARENTING IN EARLY CHILDHOOD**

1. Menopause in women, health and disease, Adult sexuality work and career development gender difference.
2. Late adulthood (50-65 years).  
Continuity and change in personality the family life cycle, social relationship.
3. Retirement from formal work.
4. Health and disease.
5. Old age (65+age).
  - (i) Changes in family life cycle health and disease.
  - (ii) Death; dying and bereavement.

**PAPER – XII<sup>TH</sup>**

**FULL MARKS – 100**

**80marks**

**20 marks Internal Assessment.**

**Group- A  
PRATICAL**

Examinees will required to visit nursery school and prepare four teaching aids for standard two children teaching.

1. Two self recipe development must be submitted to the teacher of practical incharge.
2. Prepare to garments for nursering school children (one for boy and one for girl).
3. One seminar paper regarding nursery school children must be submitted for to the teacher concern for internal assessment.

# SEMESTER – IV

**PAPER – XIII<sup>TH</sup>**

**FULL MARKS – 100**

Four question to be set from each group (Group A and Group B) Examinees are required to answer four question selection two from each groups.

**Group- A**

**40 marks**

**10 marks Internal Assessment.**

## **THE CHILD WITH SPECIAL NEEDS – I**

### **CONTENT**

1. Emotionally disturbed children common emotional, behavior problems of childhood and adolescence.
2. Stammering and stuttering remedial measurement speech therapy.
3. Orthographically handicapped children definition, causes, treatment and rehabilitation programme.
4. Counseling of the parent of disable children.  
Raising community awareness and planning action programme.

**Group- B**

**40 Marks**

**10 Marks internal assessment.**

## **CHILD GUIDANCE PSYCHOLOGY**

1. Guidance : Nature, Functions and scope, Aims and goals of guidance, basic factors influencing the growing needs for guidance, common principle or basic assumptions, Areas of Guidance : Educational guidance vocational guidance, personal guidance health guidance.
2. Importance of guidance programme guidance personnel school and community, Role of parents or guardians in guidance programme, Role of teachers in guidance.
3. Organization and administration of guidance programme, Basic organization patterns, Administration of guidance programme.
4. Techniques of Guidance:-  
Individual counseling technique, group guidance technique , Meaning need of group guidance or counseling, Group guidance and counseling procedure.

## **PAPER – XIV<sup>TH</sup>**

**FULL MARKS – 100**

Four question to be set from each group (Group A and Group B) Examinees are required to answer four question selection two from each groups.

### **Group- A**

**40 marks**

**10 marks Internal Assessment.**

### **CHILD REARING PRACTICE – I**

1. Method of child study – types, limitation, importance and merits – demerits.
2. Maturation of learning.
3. Development of character -- Moral values; effective factors, Discipline and social concept of moral.
4. Creativity development of children; definition creative intelligence. Values effective factors.

### **Group- B**

**40 Marks**

**10 Marks internal assessment.**

### **NUTRITION FOR CHILDREN IN HEALTH – III**

1. Post weaning diet.
2. Types of diet, calculation and nutritional values.
3. Diet for dgntion peried, Nutritional requirement for preschool children.
4. Diet for techniques.
5. Establishment of good habits and school lunch programme.

**PAPER – XV<sup>TH</sup>**

**FULL MARKS – 100**

Four question to be set from each group (Group A and Group B) Examinees are required to answer four question selection two from each groups.

**Group- A**

**40 marks**

**10 marks Internal Assessment.**

**SOCIAL INTERACTION OF CHOLDREN**

1. Social infraction of preschool children.
2. Socialization- definition, social activities, effective factor of socialization.
3. Group formation- Definition factors, structure of the group classification of group interaction of different group.
4. Principles of social behaviuor.
5. Development of leadership in adolescents.

**Group- B**

**40 marks**

**10 marks Internal Assessment.**

**RESEARCH METHOD OF HUMAN DEVELOPMENT STUDING**

1. Observation methods,  
Theoretical perspective, use of check lists, establishing reliability in observation; maintain and observation record report writing and evaluation.
2. Interview method:  
Theoretical perspectives, development of different types of interview.
3. Questionnaire  
Different types of questionnaire.
4. Case study method:  
Theoretical perspectives, development of different types of case study.

**PRACTICAL**

**PAPER – XVI<sup>TH</sup>**

**FULL MARKS – 100**

**80 Marks**

**20 marks Internal Assessment.**

**Group- A**

1. Examinees will required to visit to nursery school and prepare four teaching. Aids for standard two children teaching.
2. Submission of visiting report to women organization, Interview with women and society.  
Viva – 10